

Saddle Up

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Jim Rainey (USA)

Musik: Save a Horse (Ride a Cowboy) - Big & Rich



WALK X 4, STEP CROSS BEHIND, HEEL JACK, STEP CROSS

- 1-4 Walk right, left, right, left
- 5-6 Step right to right side, cross left behind right
- &7 Step right slightly to right, touch left heel diagonal forward
- &8 Step left beside right, cross right in front of left (weight ends on right)

¼ TURN STEP, ½ TURN STEP, REVERSE COASTER STEP, STEP LOCK STEP, BODY ROLL

- 1-2 Turn ¼ turn to right while stepping back onto left, turn ½ turn to right while stepping forward on right
- 3&4 Step forward on left, step right beside left, step back on left
- 5&6 Step back on right, lock left foot in front of right, step back on right
- 7-8 Body roll down to end with right knee slightly bent (weight ends on right)

KICK STEP LOCK STEP TWICE, STEP ½ TURN, STEP ½ TURN

- 1&2& Kick left foot forward, step forward on left, lock right behind left, step forward on left
- 3&4& Kick right foot forward, step forward on right, lock left behind right, step forward on right
- 5-6 Step forward on left, turn ½ turn to right shifting weight to right foot
- 7-8 Pivot ½ turn to right stepping back onto left foot, touch right next to left (weight ends on left)

STEP OUT RIGHT, LEFT, HOLD, CLAP, ¼ TURN CHUG X 4

- 1& Step right to right side, step left to left side (feet should end shoulder length apart)
- 2-3-4 Hold count 2 & 3, clap on count 4 (make sure weight is still on left foot)
- 5-6 Turn ¼ turn to left, touching right to right side, turn ¼ turn to left, touching right out to right side
- 7-8 Turn ¼ turn to left, touching right to right side, turn ¼ turn to left, touching right beside of left

Variation: while doing counts 5-8 (chugs) make motion with right arm as if twirling a lasso

REPEAT

TAG

At end of 2nd & 4th walls, repeat last 8 counts (counts 25-32)

ENDING

At the end of the 8th wall (you'll be facing the front wall) repeat last 8 counts 3 more times (until song ends)