Sambacha



Count: 32 Wand: 4 Ebene: Improver samba

Choreograf/in: Barry Durand (USA) & Raymond Crum Jr. (USA)

Musik: Cha Cha - Chelo



VOLTAS (CROSS & CROSS), BOTA FOGO (CROSS, SIDE ROCK)

1& Cross right over left, step left to side

On flat (or almost flat) and bend left knee, then on ball of right foot with slight rise

2&3& Repeat 1& two more times

This step feels like "drop, &drop, &drop"

4 Cross right over left

5& Cross left over right, step right to side Bend knee slightly on cross, then on ball of right foot

6-7 Turn 1/8 left and step left in place, cross right over left

Bend knees slightly on both counts 6 and 7

& Step left to side

On ball of foot

8 Turn ¼ right and step right in place

Bend knee

MAMBO, PIVOT TURN, CHA-CHA TRIPLE

1&2 Turn 1/8 left and rock left forward, recover to right, step left together (12:00)

Rock right back, recover to left, step right together 5-6 Step left forward, turn ½ right (weight to right)

7&8 Shuffle forward left, right, left

CHA-CHA CROSSOVER BREAK, SIDE SHUFFLE, CROSS POINTS, SIDE SHUFFLE

1-2-3 Step right to side, cross/rock left over right, recover to right

4&5 Step left to side, step right together, step left to side

6-7 Cross/touch right over left, touch right to side

8& Turn ½ left and step right to side, step left together (12:00)

This can also be done like a shuffle turning ½ as the next 1 count is to the right side

HEEL JACK, TURN 1/4, PRESS ARM, BACK CROSS

1 Step right to side

2&3&4 Cross left behind right, step right to side, kick left diagonally forward, step left together, cross

right over left

5-6 Step left to side, turn ¼ right and step right forward

Press into the ball of the right foot while stretching right arm up and out to your side on a 45 degree angle

7-8& Step left to side, cross right behind left, step left to side

REPEAT