

# Sandy's Dance

Count: 64

Wand: 2

Ebene: Intermediate

Choreograf/in: Sandy Fatone

Musik: Tres Deseos (Three Wishes) - Gloria Estefan



## MAMBO STEPS RIGHT, LEFT, RIGHT, LEFT

- 1&2 Rock right to right side, step left in place, step right next to left
- 3&4 Rock left to left side, step right in place, step left next to right
- 5&6 Rock right to right side, step left in place, step right next to left
- 7&8 Rock left to left side, step right in place, step left next to right

## 8 FORWARD SHOULDER SHRUGS WITH FORWARD PELVIC TILTS

- 9 Touch right toe forward, shrug both shoulders forward, tilt pelvis forward
- 10 Step down on right, repeat forward shoulder shrug and pelvic tilt
- 11 Touch left toe forward, repeat forward shoulder shrug and pelvic tilt
- 12 Step down on left, repeat forward shoulder shrug and pelvic tilt
- 13 Touch right toe forward, shrug both shoulders forward, tilt pelvis forward
- 14 Step down on right, repeat forward shoulder shrug and pelvic tilt
- 15 Touch left toe forward, repeat forward shoulder shrug and pelvic tilt
- 16 Step down on left, repeat forward shoulder shrug and pelvic tilt

## ½ TURNS WITH SHUFFLE STEPS

- 17-18 Step right forward, pivot ½ turn left
- 19&20 Shuffle forward right, left, right
- 21&22 Step left forward, pivot ½ turn right
- 23&24 Shuffle forward left, right, left

## STEP OUT OUT, KNEES IN OUT 2X, 2 HEELS

- 25-26 Step right to right side, step left to left side (slightly more than shoulder width)
- 27 Bring both knees together by bending straight down, lean whole body left
- 28 Still leaning left, bring knees apart
- 29 Bring both knees together by bending straight down, lean whole body right
- 30 Still leaning right bring knees apart
- &31 Step right in place, touch left heel forward
- &32 Step left in place, touch right heel forward

## CROSS TOUCH OUT 4X

- & Step right in place
- 33-34 Cross step left in front of right, touch right toe to right side
- 35-36 Cross step right in front of left, touch left toe to left side
- 37-38 Cross step left in front of right, touch right toe to right side
- 39-40 Cross step right in front of left, touch left toe to left side

## KNEE ROLLS

- & Shift weight to left (feet will be shoulder length apart)
- 41-42 Roll right knee to the right, roll left knee to the left
- 43-44 Roll right knee to the right twice
- 45-46 Roll left knee to the left, roll right knee to the right
- 47-48 Roll left knee to the left twice

## ½ TURN, HIP BUMPS, LOCK STEP SIDE ROCK

49-50	Step right forward, pivot ½ turn left
51&52	Step right next to left, bump hips right, left, right
53	Step right diagonally forward toward right
&	Lock left behind right
54	Step right diagonally forward
55-56	Rock left to left side, recover weight on right

#### **LOCK STEP SIDE ROCK, 4 PADDLE TURNS**

57	Step left diagonally forward toward left
&	Lock right behind left
58	Step left diagonally forward
59-60	Rock right to right side, recover weight on left
61	Touch right toe forward and push to turn ¼ left
62	Touch right toe forward and push to turn ¼ left
63	Touch right toe forward and push to turn ¼ left
64	Touch right toe forward and push to turn ¼ left

**REPEAT**

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