

Sar-Vivor Hop

Count: 64

Wand: 1

Ebene: Intermediate

Choreograf/in: Sobrielo Philip Gene (SG)

Musik: The Sar-Vivor Rap - Gurmit Singh



This dance is dedicated to Doctors, Nurses, Medical people other Hero for fighting SARS and other diseases everyday

SIDE ROCK CROSS*2, KICK STEP TOGETHER, 3 HOP WITH ¼ TURN

- 1&2 Rock right to right, replace weight back on left, cross right over left
- 3&4 Rock left to left, replace weight back on right, cross left over right
- 5&6 Kick right forward, step right back, step left beside right
- 7&8 Hop 3 times on both feet making a ¼ turn left

9-16 Repeat steps 1-8 (on count 16 weight on right)

LEFT FORWARD SHUFFLE, RIGHT FORWARD SHUFFLE, 4 PADDLES MAKING FULL TURN

- 17&18 Step left forward, right beside left, step left forward
- 19&20 Step right forward, left beside right, step right forward
- 21& Making ¼ turn right hitch left and point left to left
- 22& Making ¼ turn right hitch left and point left to left
- 23& Making ¼ turn right hitch left and point left to left
- 24& Making ¼ turn right hitch left and point left to left

25-32 Repeat steps 17-24& (& is all the points)

CROSS ROCK STEP, WEAVE, ¼ TURN SHUFFLE, 3 HOPS

- 33&34 Rock left over right, recover weight on right, step left to left
- 35&36 Cross right over left, step left to left, step right behind left
- 37&38 Making ¼ turn left step left forward, step right beside left, step left forward
- 39&40 Hop on both feet make ¼ turn left (weight on right)

41-48 Repeat steps 33-40 (on count 48 weight on left)

KICK AND POINT RIGHT, KICK AND POINT LEFT, SAILORS STEPS WITH ¼ TURN

- 49&50 Kick right forward, step right beside left, point left to left
- 51&52 Kick left forward, step left beside right, point right to right
- 53&54 Rock right behind left, replace weight back to left, step right to right
- 55&56 Rock left behind right, making ¼ turn step right beside left, step left forward

57-64 Repeat steps 49-56

REPEAT