Seems 2 Be



Count: 32 Wand: 4 Ebene: Intermediate

Choreograf/in: Sharon McNaughton (UK)

Musik: Sorry Seems to Be the Hardest Word - Blue



COASTER PUSH, STEP LOCK STEP, ROCK AND 1/4 TURN, RONDE 1/2 TURN

1&2	Step back on right, close left next to right, push on ball of left foot taking big step forward on

right

3&4 Step forward on left, close right next to left, step forward on left 5&6 rock forward on right,

rock back on left, make a ¼ turn to right stepping forward on right

7-8 Ronde ½ turn to right while sweeping left foot out to side ending with left touch next to right

COASTER PUSH, SIDE ROCK PUSH KICK, EXTENDED WEAVE TO LEFT, 1/4 TURN RIGHT

1&2 Step back on left, close right next to left, push on ball of right foot taking big step forward on

left

3-4 Rock to right side swaying hips, push on ball of right foot recovering weight onto left and

kicking right foot out to right side

5&6& Cross right behind left, step left to left, cross right over left, step left to left

7&8& Cross right behind left, step left to left, cross right over left, step back on left making ¼ turn to

right

RONDE ½ TURN RIGHT, BACK LOCK BACK, ¼ TURN LEFT, RONDE ¾ TURN, SHUFFLE FORWARD

1-2 Ronde ½ turn to right sweeping right foot out to side ending with right foot next to left (no

weight)

3&4 Step back on right, lock left over right, step back on right

5-6 Make ¼ turn to left stepping forward on left, ronde ¾ turn left sweeping right foot out ending

with right closed next to left

7&8 Step forward on left, close right next to left, step forward on left

STEP ½ TURN, RONDE ½ TURN, LUNGE RECOVER, BEHIND TURN STEP, FORWARD MAMBO STEP

1-2& Step forward on right, close left foot next to right making ½ turn right, ronde ½ turn sweeping

right foot out ending with toe pointing forward to right diagonal

3-4 Lunge forward to right diagonal on right, recover weight onto left

5&6 Cross right behind left, make ¼ turn left stepping forward on left, step forward on right

7&8 Rock forward on left, recover weight onto right, close left next to right

REPEAT