Count: 48
Wand: 0
Ebene: Partner
Choreograf/in: Guy Dubé (CAN) \& Edith Bourgault (CAN)
Musik: Sugar - Sammy Kershaw

Position: Face LOD in Sweetheart Position, Side To Side
Presented in August at the Atelier X-trême 2003 - Quebec, Canada

SHUFFLE FORWARD, TOUCH, $1 / 2$ TURN RIGHT, TOUCH, STEP, STEP, PIVOT $1 / 2$ TURN RIGHT

| $1 \& 2$ | Shuffle forward right, left, right |
| :--- | :--- |
| 3 | Touch left toe forward in raising your left hip |
| 4 | Drop left heel in place in dropping your left hip |
| 5 | Touch right toe forward by raising your right hip in turning $1 / 2$ turn right |
| 6 | Drop right heel in place in dropping your right hip |
| The partners are now in Reverse Sweetheart Position, (RLOD) |  |
| $7-8$ | Step left forward, pivot $1 / 2$ turn right |
| On the count 7, release left hands and raise right hands over the man's head |  |
| Finish in Sweetheart Position, (LOD) |  |

## SIDE, BEHIND, (MAN: TRIPLE STEP) (LADY: TRIPLE STEP IN ½ TURN RIGHT), 4X HIP BUMPS OR 2X BODY ROLLS

1-2 Step left to left, step right behind left foot
3\&4 MAN: Triple step left, right, left in place
LADY: Triple step left, right, left in $1 / 2$ turn right
The man and lady are now face to face, left hands crossed over the right hands
5-6 Step right forward with 2 hip bumps right diagonally to right
7-8 Two hip bumps left to left
Option: body roll upwards

MAN: TRIPLE STEP, STEP, TOUCH, SIDE, TOUCH, SIDE, TOUCH / LADY: TRIPLE STEP IN ½ TURN LEFT, STEP, TOGETHER, SIDE, TOUCH, SIDE, TOUCH
$1 \& 2 \quad$ MAN: Triple step right, left, right in place
LADY: Triple step right, left, right in place in turning $1 / 2$ turn left
You are now in Indian Position, the man behind the lady with hands joined to the shoulders (LOD)
3-4 MAN: Step left forward, toe touch right together left
LADY: Step left forward, step right together left
5-6 MAN: Step right to right, toe touch left out to left in extension (upper body turn diagonally to left)
LADY: Step left to left, toe touch right out to right in extension (upper body turn diagonally to right)
7-8 MAN: Step left to left, toe touch right out to right in extension (upper body turn diagonally to right)
LADY: Step right to right, toe touch left out to left in extension (upper body turn diagonally to left)
The partners on the count 6 and 8 look directly eye to eye
MAN: TRIPLE STEP, $2 \times$ SHUFFLES FORWARD, ROCK BACK / LADY: TRIPLE STEP IN ½ TURN RIGHT, 2X SHUFFLES FORWARD, ROCK BACK
$1 \& 2 \quad$ MAN: Triple step right, left, right in place
LADY: Shuffle left, right, left in $1 / 2$ turn right
Release left hands. The partners turn face to face with only right hands together
3\&4
MAN: Shuffle forward left, right, left
LADY: Shuffle backward right, left, right

Release right hands. The shuffles are done by pushing the left palms one against the other
5-6 MAN: Shuffle forward right, left, right LADY: Shuffle backward left, right, left
Release left hands. The shuffles are done by pushing the left palms one against the other
7-8 MAN: Rock back with left foot, return weight forward on right LADY: Rock back with right foot, return weight forward on left
Man's hand: palm to the top holding the woman's hand in extension for the counts 7-8

MAN: SHUFFLE LEFT FORWARD, TRIPLE STEP, TRIPLE STEP IN $3 / 4$ TURN LEFT, SIDE, $1 ⁄ 4$ TURN LEFT / LADY: SHUFFLE RIGHT FORWARD, TRIPLE STEP IN ½ TURN RIGHT, TRIPLE STEP, STEP, TOGETHER
1\&2
MAN: Shuffle forward left, right, left
LADY: Shuffle forward right, left, right
The man and the woman are now back with back by being always held the right hands
3\&4 MAN: Triple step right, left, right but in traveling slightly to right
LADY: Triple step left, right, left in $1 / 2$ turn right
The lady is now behind the man and she takes her left hand
5\&6 MAN: Triple step left, right, left in $3 / 4$ turn left
LADY: Triple step right, left, right in place
Release right hands and to finish by taking again right hands crossed over the left hands
7-8 MAN: Step right to right, touch left together right in $1 / 4$ turn left LADY: Step left forward, step right together left
The right hands raise over the lady's head. The partners are back now in a Sweetheart Position (LOD)
LINDY BASIC, STEP FORWARD WITH BODY ROLL, BODY ROLL
1\&2 Shuffle side left, right, left
3-4 Rock back with right foot, return weight forward on left
5-6 Step right diagonally forward by bending the knees, raise the body by pushing the hips forward
7-8 Bend the knees, raise the body by pushing the hips forward
Finish weight on right foot

REPEAT

