

# Shake Your Bon Bon

Count: 48

Wand: 4

Ebene: Intermediate/Advanced

Choreograf/in: Phil Austin (UK) & Tom Kendrick (UK)

Musik: Shake Your Bon-Bon - Ricky Martin



## ROCK, RECOVER STEP, WALK TWICE, KICKBALL TOUCH TWICE

- 1&2 Rock left foot back recover onto right and step onto left
- 3-4 Walk forward right, left
- 5&6 Kick right foot forward, step onto the right and point the left foot to the left side
- 7&8 Kick left foot forward, step onto the left and point the right foot to the right side

## ROCK, RECOVER, WEAVE, POINT, FULL MONTEREY TURN, STEP SWEEP

- 1&2 Rock right foot diagonally back behind left, recover weight onto left and step onto the right
- &3&4 Step left behind right, step right to the side, step left in front of right and point the right to the right side
- 5-6 Turn a full turn back over the right shoulder and point the left foot to the left side
- 7&8 Step onto the left foot turning a quarter turn left and sweep the right foot round a half turn

In counts 5-6 you can miss out the full turn and step the right foot together and point the left foot to the left side

## BUMP HIPS, ROCK AND SLIDE

- 1&2 Bump hips right left, right
- 3&4 Bump hips left, right, left
- 5&6 Bump hips right, left, right
- 7&8 Rock the left foot diagonally back behind the right, recover onto the right and slide to the left

## STEP, CROSS, BACK LOCK BACK, FORWARD SHUFFLE, KICK OUT OUT QUARTER TURN

- 1-2 Step the right foot forward and cross the left over the right
- 3&4 Step the right foot back, step the left foot back across the right and step the right foot back
- &5&6 Step the left foot back, step the right foot forward, step the left foot next to it and step the left foot forward
- 7&8 Kick the right foot forward, step a quarter turn to the left and step on the left and step the right foot shoulder width

## ROLL HIPS, STEP, POINT, ROCK, RECOVER, SHUFFLE

- 1-2-3 Roll the hips in an anti to the right
- &4 Step the right next to the left and point the left
- 5-6 Rock the left foot back and recover the weight on to the right
- 7&8 Step the left foot forward, step right behind left and step forward on left

## STEP, HALF TURN, STEP, STEP QUARTER TURN STEP, POINT RIGHT TOGETHER POINT LEFT TOGETHER

- 1&2 Step right forward, turn a half turn over the left shoulder and step forward right
- 3&4 Step left forward, turn a quarter turn over the right shoulder and touch the right next to the left
- 5-6 Point the right to the right side step the right foot next to the left
- 7-8 Point the left foot to the left side and touch the left next to the right

## REPEAT

## TAG

On the second and fifth wall you miss out counts one and two at the start (the rock recover step)

