

Shake, Rattle & Roll

Count: 48

Wand: 2

Ebene: Improver

Choreograf/in: Kim Swan (UK)

Musik: Shake Rattle & Roll - Bill Haley & The Comets



TOE STRUT RIGHT, ROCK, RECOVER, TOE STRUT LEFT, ROCK, RECOVER

- 1-2 Touch right toe diagonally forward, drop right heel to floor
- 3-4 Rock back onto left, rock forward onto right
- 5-6 Touch left toe diagonally forward, drop left heel to floor
- 7-8 Rock back onto right, rock forward onto left

¼ TURN TOE STRUT RIGHT, ROCK, RECOVER, TOE STRUT LEFT, ROCK, RECOVER

- 1-2 Turn ¼ left on ball of left and touch right toe forward, drop right heel to floor
- 3-4 Rock back onto left, rock forward onto right
- 5-6 Touch left toe forward, drop left heel to floor
- 7-8 Rock back onto right, rock forward onto left

RIGHT FORWARD, LOCK, RIGHT FORWARD, SCUFF, JAZZ BOX TURNING ¼ LEFT

- 1-2 Step right forward, lock left behind right
- 3-4 Step right forward, scuff left forward
- 5-6 Cross left over right, step right back
- 7-8 Step left to left side making ¼ turn left, step right next to left

SWIVEL LEFT, CLAP, SWIVEL RIGHT, CLAP

- 1-2 Swivel both heels to the left, swivel both toes to the left
- 3-4 Swivel both heels to the left, hold and clap
- 5-6 Swivel both heels to the right, swivel both toes to the right
- 3-4 Swivel both heels to the right, hold and clap

2 X MONTERREY ½ TURNS

- 1-2 Touch right to right side. On ball of left make ½ turn right, stepping right beside left
- 3-4 Touch left to left side. Step left beside right
- 5-6 Touch right to right side. On ball of left make ½ turn right, stepping right beside left
- 7-8 Touch left to left side. Step left beside right

WEAVE RIGHT, KICK, WEAVE LEFT, KICK

- 1-2 Step right behind left, step left to left side
- 3-4 Cross right over left, kick left forward (body angled 45 degrees left)
- 5-6 Step left behind right, step right to right side
- 7-8 Cross left over right, kick right forward (body angled 45 degrees right)

REPEAT
