# Sleeping On The Foldout

Ebene: Intermediate

**Count:** 64 Choreograf/in: Sean Miller

Musik: Sleepin' On the Foldout - Brad Paisley

## CHASSE RIGHT, BEHIND/SIDE/CROSS, SIDE ROCK, CROSS SHUFFLE

- 1&2 Step to side on right, close left to right, step to side on right
- 3&4 Step left behind right, step right to side, cross left over right
- 5-6 Rock out to right, recover on left
- 7&8 Cross right over left, close left to right (keep foot on right side of right foot), step right to the side (moving left)

## CHASSE LEFT, BEHIND/SIDE/CROSS, SIDE ROCK, CROSS SHUFFLE

- 1&2 Step to side on left, close right to left, step to side on left
- 3&4 Step right behind left, step left to side, cross right over left
- 5-6 Rock out to left, recover on right
- 7&8 Cross left over right, close right to left (keep foot on left side of left foot), step left to the side (moving right)

## STEP, LOCK, STEP/TOE /SCUFF, STEP, LOCK, STEP/TOE/SCUFF

- 1-2 Step forward on right, lock left foot behind
- 3&4 Step forward on right, touch left toe to right heel, scuff left foot forward
- 5-6 Step forward on left, lock right foot behind
- 7&8 Step forward on left, touch right toe to left heel scuff right foot forward

## BACK, TURN, CROSS SHUFFLE, BACK, TURN, SHUFFLE FORWARD

- 1-2 Step back on right, step back on left making 1/4 turn to left
- 3&4 Cross right over left, close left to right (keep foot on right side of right foot), step right to the side (moving left)
- 5-6 Step back on left foot, step forward on right making 1/2 turn over right shoulder
- 7&8 Step forward on left, close right to left, step forward on left foot

## BACK, TURN, CROSS SHUFFLE, BACK, TURN, SHUFFLE FORWARD

- 1-2 Step back on right, step back on left making 1/4 turn to left
- 3&4 Cross right over left, close left to right (keep foot on right side of right foot), step right to the side (moving left)
- 5-6 Step back on left foot, step forward on right making <sup>1</sup>/<sub>2</sub> turn over right shoulder
- 7&8 Step forward on left, close right to left, step forward on left foot

## SAILOR STEP, SAILOR STEP, STEP, PIVOT, STEP, PIVOT SWITCH

- 1&2 Cross right behind left, step left to side, step right in place
- 3&4 Cross left behind right, step right to side, step left in place
- 5-6 Step right behind left, pivot 1/2 turn right (weight on right foot)
- 7-8 Touch left foot forward, pivot 1/2 turn right (catch weight on left foot)

#### **HEEL SWITCHES**

- 1&2 Dig right heel forward, close right to left, dig left heel forward
- &3-4& Close left to right, dig right heel forward (twice), close right to left
- 5&6 Dig left heel forward, close left to right, dig right heel forward
- &7-8& Close right to left, dig left heel forward (twice), close left to right

## POINTS AND HOOK (TWICE)



Wand: 2

left
ļ

- 2& Point left foot to side, close left foot to right
- 3& Dig right heel forward, close right foot to left
- 4 Hook left foot behind right knee
- 5& Point left foot to side, close left foot to right
- 6& Point right foot to side, close right foot to left
- 7& Dig left heel forward, close left foot to right
- 8 Hook right foot behind left knee

#### REPEAT On the 6th repetition, the music stops. Keep dancing!

## ENDING

To finish the dance, stomp the left foot next to the right (just after the first half turn of the dance)