South Coast Swing



Count: 32 Wand: 2 Ebene: Intermediate/Advanced

Choreograf/in: Bill Bader (CAN) & Marcie McLaurin (CAN)

Musik: Knock Yourself Out - Lee Roy Parnell



CHASSE RIGHT, SIDE, 1/4 PIVOT, FORWARD, KICK, TURN/SWING BACK, TOUCH

1&2 Left-right-left cross shuffle across front of right traveling right (cross-behind-cross) with toes

angled to right. Body faces 1:30

3 Step right toe/ball to right side

4 Pivot turn ¼ left onto left to face 9:00

5 Step right forward6 Kick left forward

7 Keeping left raised off the floor, turn ¼ right (to 12:00) and swing left heel up and back so that

left shin is parallel to floor

8 Touch left toe tip straight down in back keeping left foot vertical

STEP BACK, TAP HEEL TWICE, STEP FORWARD, TAP TOE TWICE

& Step left back
9-10 Tap right heel twice
& Step right forward
11-12 Tap left toe/ball twice

STEP BACK, KICK, BRUSH 3 TIMES: HOOK, FORWARD/RIGHT, BACK/RIGHT

& Step left back

13 Kick right toe forward

14 Brush right toe back/left to hook right up across front of left shin

15 Brush right toe forward/right 16 Brush right toe back/right

TURN STEP, HEEL FORWARD, HOLD, STEP FORWARD, STEP FORWARD STEP FORWARD, HEEL FORWARD, TOE SIDE, TURN/SWING BACK

& Step right to right side turned ¼ left
Touch left heel forward (toward 9:00)

18 Hold

Step forward onto left
Step right forward
Step left forward

Touch right heel forwardTouch right toe to right side

Turn ¼ right (to 12:00) and swing right heel up and back so that right shin is parallel to floor

SIDE SHUFFLE RIGHT, CROSS-BACK, ROCK, SIDE SHUFFLE LEFT, TURN ½, SIDE SHUFFLE RIGHT

25&26 Right-left-right side shuffle traveling right facing 12:00:, (side-together-side)

27 Cross-step left behind right turning 1/8 left to 10:30

28 Rock forward onto right

29&30 Returning to face 12:00 wall: left-right-left side shuffle traveling left (side-together-side)

& Turn on left ½ right to face 6:00

31&32 Right-left-right side shuffle traveling right (side-together-side)

REPEAT

