## Stay In This Moment

Count: 48 Wand: 4
Ebene: Intermediate waltz
Choreograf/in: Beth Webb (USA)
Musik: Stay In This Moment - Trick Pony

## CROSS ROCKS, RECOVER, ROCK ½ TURNS

1-2-3 Cross rock right foot over left, recover to left foot, step right foot next to left foot
4-5-6 Repeat starting with left
1-2-3 Rock forward on right foot, recover to left foot turning $1 / 2$ to right on ball of left foot, step forward right
4-5-6 $\quad$ Repeat starting with left

## CROSS BALL CHANGE, DEVELOPE', BACK, VINE

1-2-3 Step right foot forward and across left foot, step left foot to left, step right foot slightly to right
4-5-6 Step left foot forward, bring right foot up next to left knee, straighten right knee so right foot kicks gently forward (point your toe)
1-2-3 Step right foot back, step left foot back, step right foot back
4-5\&6 Cross left foot over right, step right foot to right side, cross left foot behind right, step right foot to right side

## SIDE ROCK, ½ TURN RIGHT, TWINKLE ¼ TURN RIGHT

1-2-3 Cross left foot over right foot, rock right foot to right side, recover to left foot
4-5-6 Cross right foot over left foot, step to left on left foot and turn $1 / 4$ to right, turn another $1 / 4$ turn right and step right foot to right side
1-2-3 Step left foot forward and across right foot, step right foot to right side, step left foot slightly to left
4-5-6 Step right foot forward and across left foot, step left foot back while making $1 / 4$ turn to right, step right foot next to left foot

## STEP TOUCHES, ½ TURN, RONDE WITH ½ TURN

1-2-3 Step left foot forward in front of right foot, touch right foot pointing out to right side, hold
4-5-6 Repeat starting with right
1-2-3 Step left foot back turning $1 / 4$ to left, turn another $1 / 4$ to left on ball of left foot and step forward with right foot, step left foot forward
4-5 Turn $1 / 2$ to left on ball of left foot while sweeping right toe around while turning (taking two counts to complete turn)
6 Touch right foot next to left foot
REPEAT
TAG
At the end of wall three (happens only once)
TWO TWINKLES, BALANCE STEPS FORWARD AND BACK
1-2-3
Step right foot forward and across left foot, step left foot to left, step right foot slightly to right
4-5-6 $\quad$ Repeat starting with left
1-2-3 Step right foot forward, step left foot next to right foot, step right foot next to left foot
4-5-6 Step left foot back, step right foot next to left foot, step left foot next to right foot

