# Strike 1



Count: 60 Wand: 4 Ebene: Intermediate

Choreograf/in: Rob Fowler (ES)

Musik: Swing - Trace Adkins



# HEEL JACKS TWICE, CROSS SHUFFLE, SLIDE LEFT

1&2& Cross right over left, step left to left side, touch right heel diagonally forward step right next to

left

3&4& Repeat 1&2& on opposite foot

5&6 Cross right over left, step left to left side, cross right over left

7-8 Step left a long step to left, hold

## RIGHT SAILOR, LEFT SAILOR, BRUSH OUT, OUT, STEP BEHIND ¾ TURN RIGHT

1&2	Step right behind left, step left next to right, step right to right side
3&4	Step left behind right, step right next to left, step left to left side
5&6	Brush right next to left, step right to right side, step left to left side
7-8	Cross right behind left, unwind ¾ turn right (weight on right) (9:00)

# STEP SWIVEL, COASTER, STEP SWIVEL, JUMP BACK, OUT, OUT, CLAP

1&2 Touch left forward, swivel left heel out then in

Step back onto left, right next to left, step left forward
Touch right forward swivel right heel out then in

&7-8 Jumping back right then left, clap

#### RIGHT CROSS ROCK, LEFT CROSS ROCK, RIGHT MAMBO ½ TURN, LEFT MAMBO ½ TURN RIGHT

1&2	Rock right over left, recover, step right to right
3&4	Rock left over right, recover, step left to left side
5&6	Rock forward right, recover, make ½ turn right on right
7&8	Step forward left, make ½ turn right, step forward left (9:00)

# JUMP FORWARD AND BACK AND FORWARD, MASH POTATO STEPS BACK

&1&2 c	Jump f	orward	right,	left,	jump	back r	ight :	and le	ft

&3&4 Jump forward right, left, right left

37& Step right diagonally behind left (3rd position) step left slightly to left, swivel both heels so

they are out

38& Step left diagonally behind right, step right slightly to left, swivel heels

39 Step right diagonally behind left (3rd position)

&40 Lift left heel and right toe twist body to right (swivet), step both feet in place

# RIGHT HITCH, HEEL AND STEP ½ PIVOT TURN, ½ TURN LEFT, TOUCH RIGHT TWICE CROSS AND

HEEL

Hitch right knee, step right next to left, touch left heel forward &3-4

Step left next to right, step forward right, make ½ turn left

Con hall of left feet make ½ turn touching right to side twice (0):

5-6 On ball of left foot make ½ turn touching right to side twice (9:00)

7&8 Cross right over left, step left to left side, touch right heel diagonally forward

## LEFT CROSS, HOLD, SIDE BEHIND CROSS, ROCK RECOVER FULL TURN LEFT

&1-2 Step right next to left, cross left over right, hold

&3-4 Step right to right side, step left behind right, step right to right side

5-8 Rock left over right, recover, make ¼ turn left onto left, step forward right make ¾ turn left

(9:00)

9-10 Slide left to left side, hold

# &11-12 Step right next to left, cross left over right, touch right heel diagonal forward

**REPEAT** 

TAG

At then end of the 3rd wall, tap right heel for 4 counts