

Sugarfoot Twist

Count: 64

Wand: 2

Ebene: Intermediate

Choreograf/in: Marjo Ranta (FIN)

Musik: Born to Boogie - Hank Williams, Jr.



STEPS AND HOOKS

- 1-3 Walk diagonally forward to the left: right, left, right
- 4 Cross left foot behind right foot
- 5-7 Walk back: left, right, left
- 8 Cross right foot in front on left
- 9-11 Walk diagonally forward to the right: right, left, right
- 12 Cross left foot behind right foot
- 13-15 Walk back: left, right, left
- 16 Cross right foot in front on left

SUGARFOOTS

- 17-19 Twist with the left foot
- 20 Step right down
- 21-23 Twist with the right foot
- 24 Step left down

TOE TOUCHES

- 25 Touch right toe diagonally forward to the right
- 26 Touch right toe diagonally in the back to the left
- 27 Touch right toe to the right
- 28 Step right foot beside left foot
- 29 Touch left toe diagonally forward to the left
- 30 Touch left toe diagonally in the back to the right
- 31 Touch left toe to the left
- 32 Step left foot beside right foot

KICKS WITH TURNS

- 33 Kick forward with the right foot
- 34 Make a circle with the right foot to the back and turn at the same time half a turn right
- 35 Touch left toe to the left
- 36 Step left foot beside right foot
- 37 Kick forward with the right foot
- 38 Make a circle with the right foot to the back and turn at the same time half a turn right
- 39 Touch left toe to the left
- 40 Step left foot beside right foot

TWISTING

- 41-48 Twist left foot while making ½ turn left

GRAPEVINE RIGHT, SWIVELS, GRAPEVINE LEFT, SWIVELS

- 49-50 Step to the right on the right foot, step the left foot behind the right
- 51-52 Step to the right on the right foot, step left foot beside right foot
- 53-56 Turn the toes to the right, turn toes back, repeat
- 57-58 Step to the left on the left foot, step the right foot behind the left
- 59-60 Step to the left on the left foot, step right foot beside left foot
- 61-64 Turn the toes to the left, turn the toes back, repeat

REPEAT
