# This Is The Way We Do It



Count: 64 Wand: 4 Ebene: Intermediate

Choreograf/in: Aimee Reynolds

Musik: That's the Way (I Like It) - Scooter Lee



#### KICK & CROSS, KICK & CROSS, KICK FORWARD, KICK SIDE, SAILOR SHUFFLE

1&2 Kick right foot forward, return to center transferring weight to right, cross left over right & step

3&4 Repeat 1&2

5-6 Kick right foot forward, kick right foot to right

7&8 Step right behind left, step left beside right, step right foot to right

### KICK & CROSS, KICK & CROSS, KICK FORWARD, KICK SIDE, SAILOR SHUFFLE

1&2 Kick left foot forward, return to center transferring weight to left, cross right over left & step

3&4 Repeat 1&2

5-6 Kick left foot forward, kick left foot to left

7&8 Step left behind right, step right beside left, step left foot to left

#### **8 COUNTS PADDLE TURN**

1-2 Step right foot forward, pivot 1/8 turn to left
3-4 Step right foot forward, pivot 1/8 turn to left
5-6 Step right foot forward, pivot 1/8 turn to left

7-8 Step right foot forward, pivot 1/8 turn to left (you are now facing 6:00)

You can really style this by putting some sway in the hips with each turn

#### KICK & KICK & KICK, KICK & KICK & KICK, KICK

1&2 Kick right foot forward, step right next to left, kick left foot forward

&3-4 Step left foot next to right, kick right foot twice

&5&6 Step right foot next to left, kick left foot forward, step left foot next to right, kick right foot

forward

&7-8 Step right foot next to left, kick left foot twice

#### WALK, WALK, RIGHT COASTER STEP, WALK, WALK, LEFT COASTER STEP

Step left foot next to right, step right foot forward, step left foot forward Step right foot forward, step left foot beside right, step right foot back

5-6 Step left foot back, step right foot back

7&8 Step left foot back, step right foot back, step left foot forward

#### 1/4 TURN RIGHT, 1/2 TURN RIGHT, TRIPLE STEP, STEP 1/2 TURN LEFT, TRIPLE STEP

1-2 Step right foot ¼ turn to right, step left foot forward & pivot ½ turn to right (keeping weight on

left foot)

3&4 Step right foot forward, step left foot beside right, step right foot forward

5-6 Step left foot forward, step right foot forward & pivot ½ turn left (keeping weight on right foot)

7&8 Step left foot forward, step right foot beside left, step left foot forward

#### ROLLING VINE RIGHT, SHUFFLE STEP, ROLLING VINE LEFT, SHUFFLE STEP

1-2 Step right foot to right ¼ turn, step left foot ¼ turn to right

3&4 Step right foot ½ turn to right, step left foot next to right, step right foot to right

5-6 Step left foot to left ¼ turn to left, step right foot ¼ turn to left

7&8 Step left foot ½ turn to left, step right foot next to left, step left foot to left

You can put a double turn in here on the rolling vines to spice up the dance.

#### **8 COUNTS RUBBER BAND KNEES**

1-2	With weight on left foot, roll right knee out to right side, then back to center transferring weight to right foot
3-4	Roll left knee out to left side then back to center transferring weight to left foot
5-6	Roll right knee out to right side, then back to center transferring weight to right foot
7-8	Roll left knee out to left side, then back to center transferring weight to left foot

## REPEAT