

Three Minute Positive 47 Count Up-Tempo Line Dance



Count: 0

Wand: 0

Ebene:

Choreograf/in: Maureen Jones (UK) & Michelle Jones (UK)

Musik: Three Minute Positive Not Too Country Up-Tempo Love Song - Alan Jackson



Listen to the music first and you will know exactly when to dance the Slow Tempo and Up-Tempo Sections. The Slow Tempo Section is only danced three times during the instantly identifiable slow tempo sections of the song. Immediately after the first Slow Tempo Section has been danced, dance only counts 1-16 of the following Up-Tempo Section, then continue dancing all sections fully until the end of the dance

PART A (UP-TEMPO SECTION)

KICK, STEP, CROSS, HITCH, POINT, TOUCH, POINT, ¼ TURN WITH HOOK

- 1-2 Kick right forward, step right beside left
- 3-4 Step left across right, hitch right knee
- 5-6 Point right to right, touch right beside left
- 7-8 Point right to right, on ball of left make ¼ turn right and hook right across left

STEP, CLOSE, STEP, SCUFF, STEP, ½ TURN, ¼ TURN, HOLD

- 9-10 Step right forward, step left beside right
- 11-12 Step right forward, scuff left forward
- 13-14 Step left forward, pivot ½ turn right (weight ends on right)
- 15-16 On ball of right make ¼ turn right and step left to left, hold

BEHIND, SIDE, CROSS, HOLD, KICK, STEP, ¼ TURN, SCUFF

- 17-18 Step right behind left, step left to left
- 19-20 Step right across left, hold
- 21-22 Kick left diagonally forward left (angle body left), step left beside right
- 23-24 On ball of left make ¼ turn right and step right forward, scuff left forward

ROCK FORWARD, ROCK BACK, STEP, TOGETHER, HEELS OUT, HEELS IN

- 25-26 Rock forward on left, recover back on right
- 27-28 Rock back on left, recover forward on right
- 29-30 Step left forward, step right beside left
- 31-32 On balls of both feet split heels out, return heels to center

PART B (SLOW TEMPO SECTION)

STEP, KICK, STEP, TOUCH, STEP, KICK, STEP, TOUCH

- 1-2 Step right diagonally forward right, kick left forward and across right
- 3-4 Step left diagonally back left, touch right back and behind left
- 5-8 Repeat counts 1-4 above

SIDE SHUFFLE, ROCK, SIDE SHUFFLE, TOUCH

- 9&10 Step right to right, step left beside right, step right to right
- 11-12 Rock left behind right, recover on right
- 13&14 Step left to left, step right beside left, step left to left
- 15 Touch right beside left