Triple Threat



Count: 64 Wand: 2 Ebene: Intermediate

Choreograf/in: Michael Barr (USA)

Musik: Triple Threat - Rick Tippe



Being asked by Rick Tippe to choreograph a dance to this, his new song, has been a pleasure. This dude knows how to phrase a song!!! Thanks, Rick!!! The dance has a theme of "triples" having most 4 count step/phrases repeating 3 times. This will make for a pretty quick teach. Have fun out there!!!

TAP RIGHT HEEL-BALL-CHANGE, TAP, STEP-TAP LEFT HEEL-BALL-CHANGE, TAP STEP

1&2	Tap right heel next to left toe,	quickly step ball of right foot	next to left instep, step left foot
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slightly forward

3-4 Tap right heel next to left toe, step right foot slightly forward

Tap left heel next to right toe, quickly step ball of left foot next to right instep, step right foot

slightly forward

7-8 Tap left heel next to right toe, step left foot slightly forward

TAP RIGHT HEEL-BALL-CHANGE, TAP, STEP-HEEL SWITCHES, HOLD, CLAP

Tap right heel next to left toe, quickly step ball of right foot next to left instep, step left foot

slightly forward

3-4 Tap right heel next to left toe, step right foot slightly forward

Touch left heel forward at 45 degree left angle, quickly step left foot home next to right foot,

touch right heel forward on 45 degree right angle

&7-8 Quickly step right foot home next to left foot, touch left heel forward on 45 degree left angle,

hold position and clap

TURNING HEEL SWITCHES, HOLD, CLAP-TURNING HEEL SWITCHES, HOLD, CLAP

8	§ 1	Quickl	/ step	left foot	home	next to ri	aht foot.	touch ri	iaht heel 1	forward on 4	45 degree right

angle

&2 Quickly step right foot home, ¼ turning to the left on ball of right foot, touch left heel forward

on 45 degree left angle

&3-4 Quickly step left foot home next to right foot, touch right heel forward on 45 degree right

angle, hold position and clap

&5 Quickly step right foot home, ¼ turning to the left on ball of right foot, touch left heel forward

on 45 degree left angle

&6 Quickly step left foot home next to right foot, touch right heel forward on 45 degree right

angle

&7-8 Quickly step right foot home next to left foot, touch left heel forward on 45 degree left angle,

hold position and clap

SHIMMIES LEFT, TOUCH, HOLD-SHIMMIES RIGHT, TOUCH, HOLD

1-2	Side step left on left fo	ot and shimmy shoulde	rs. Continue to shimm	v shoulders
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3-4 Touch ball of right foot next to left foot, hold position

5-6 Side step right on right foot and shimmy shoulders, continue to shimmy shoulders

7-8 Touch ball of left foot next to right foot, hold position

SHIMMIES LEFT, TOUCH, HOLD-RIGHT VINE WITH 1/4, 1/4 BRUSH

1-2	Side step left on left foot and shimm	v shoulders, continue to shimmy	/ shoulders

3-4 Touch ball of right foot next to left foot, hold position

5-6 Side step right on right foot, cross and step left foot behind right foot

7-8 Step ¼ turn right on right foot, brush left foot forward as you pivot ¼ turn to the right on ball of

right foot -total of ½ turn right

LEFT VINE WITH A BRUSH-RIGHT VINE WITH SYNCOPATED 14, 14 BRUSH

1-2 Side step left on left foot, cross and step right foot behind left foot

3-4 Side step left on left foot, brush right foot forward

5-6 Side step right on right foot, cross and step left foot behind right foot

&7-8 Quickly step ball of right foot forward and ¼ turn to the right, step left foot forward into ¼ turn

to the right, brush right foot forward hitching right knee

Easier variation for counts &7-8 (leaving out the & count for &7)

7 Step right foot forward into ¼ turn to the right

8 Step left foot forward into another ¼ turn to the right

CROSS TOE TAPS, STEP, SIDE TOE TAPS, STEP-REPEAT

1-2 Cross right over left and tap right toe up off floor, step right foot down in place (legs are in

crossed position)

3-4 Tap left toe side left up off floor, step left foot down in place (legs are uncrossed)

5-6 Cross right over left and tap right toe up off floor, step right foot down in place (legs are in

crossed position)

7-8 Tap left toe side left up off floor, step left foot down in place (legs are uncrossed)

KICK-BALL-CHANGE, KICK-BALL-CHANGE, KICK-BALL-CROSS, SIDE STEP, STEP TOGETHER

1&2 Kick right foot forward at slight left angle, small side step to the right on ball of right foot, step

left foot beside right foot

3&4 Kick right foot forward at slight left angle, small side step to the right on ball of right foot, step

left foot beside right foot

5&6 Kick right foot forward at slight left angle, small side step to the right on ball of right foot,

cross and step left foot over right foot

7-8 Long side step to the right on right foot, slide and step left foot next to right foot

REPEAT