# U Need A Man (P)

**Count: 32** 

Ebene: Partner

Choreograf/in: Rick Bates (USA) & Deborah Bates (USA)

Musik: Beautiful Day - Rick Trevino

Position: Double Hand Hold Position. Man facing OLOD and Lady facing ILOD. Partners on opposite footwork

# MAN'S STEPS

### **CROSS ROCK STEPS, TRIPLE STEPS**

- 1-2 Cross right foot over left; rock back onto left foot
- 3&4 Triple step in place (right, left, right)
- 5-6 Cross left foot over right; rock back onto right foot
- 7&8 Triple step in place (left, right, left)

## SIDE STEP, TOGETHER, PIVOT, FORWARD SHUFFLE,

Release man's right hand and lady's left. Raise man's left hand and lady's right as lady turns under upraised joined hands

- 9-10 Step to the right on right foot; step left foot next to right
- & Pivot ¼ to the right on ball of left foot

Partners now facing RLOD in the left open promenade position, holding inside hands. Man's left and lady's right

11&12 Shuffle forward (right, left, right)

Release man's left hand and lady's right

## MILITARY PIVOT, FORWARD SHUFFLE

13-14 Step forward on left foot; pivot ½ turn to the right on ball of left foot and shift weight to right foot

# Man takes up lady's left hand in his right. Partners now facing LOD in the right open promenade position, holding inside hands

15&16 Shuffle forward (left, right, left)

# SUGAR FOOTS, FORWARD SHUFFLES

- 17-18 Turn right knee inward and touch right toe next to left foot; turn right knee outward and touch right heel next to left foot
- 19&20 Shuffle forward (right, left, right)
- 21-22 Turn left knee inward and touch left toe next to right foot; turn left knee outward and touch left heel next to right foot
- 23&24 Shuffle forward (left, right, left)

# MILITARY PIVOT, TURNING TRIPLE STEP

- 25-26 Step forward on right foot; pivot ½ turn to the left on ball of right foot and shift weight to left foot
- 27&28 Triple step in place (right, left, right)
- Rejoin hands returning to the double hand hold position. Man facing OLOD and lady facing ILOD
- 29-30 Step to the left on left foot; slide right foot next to left and step
- 31-32 Cross left foot over right and step; point right toe to the right

# REPEAT

# LADY'S STEPS

### DIAGONAL ROCK STEPS, TRIPLE STEPS

- 1-2 Step forward and diagonally to the left on left foot; rock back onto right foot
- 3&4 Triple step in place (left, right, left)





Wand: 0

- 5-6 Step forward and diagonally to the right on right foot; rock back onto left foot
- 7&8 Triple step in place (right, left, right)

# FULL TURN TO THE LEFT, PIVOT, FORWARD SHUFFLE

# Release man's right hand and lady's left. Raise man's left hand and lady's right as lady turns under upraised joined hands

- 9-10 Step to the left on left foot and begin a full turn to the left traveling to the left; step on right foot and complete full turn to the left
  - Pivot ¼ to the left on ball of right foot

# Partners now facing RLOD in the left open promenade position, holding inside hands. Man's left and lady's right

11&12 Shuffle forward (left, right, left)

# Release man's left hand and lady's right

# MILITARY PIVOT, FORWARD SHUFFLE

13-14 Step forward on right foot; pivot ½ turn to the left on ball of right foot and shift weight to left foot

# Man takes up lady's left hand in his right. Partners now facing LOD in the right open promenade position, holding inside hands

15&16 Shuffle forward (right, left, right)

## SUGAR FOOTS, FORWARD SHUFFLES

- 17-18 Turn left knee inward and touch left toe next to right foot; turn left knee outward and touch left heel next to right foot
- 19&20 Shuffle forward (left, right, left)
- 21-22 Turn right knee inward and touch right toe next to left foot; turn right knee outward and touch right heel next to left foot
- 23&24 Shuffle forward (right, left, right)

# MILITARY PIVOT, TURNING TRIPLE STEP

- 25-26 Step forward on left foot; pivot ½ turn to the right on ball of left foot and shift weight to right foot
- 27&28 Triple step in place (left, right, left) making a ¼ turn to the right on these steps

### Rejoin hands returning to the double hand hold position. Man facing OLOD and lady facing ILOD

- 29-30 Step to the right on right foot; slide left foot next to right and step
- 31-32 Cross right foot over left and step; point left toe to the left

# REPEAT

&