

Up For Air

Count: 64

Wand: 0

Ebene:

Choreograf/in: Karen Grave (UK)

Musik: That's The Kind Of Love - Mila Mason



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|-------------|---|
| 1-2 | Scuff right forward, scuff right back and across left |
| 3-4 | Scuff right forward across left, step right beside left |
| 5-6-7&8 | Scuff left forward into left hitch, step left-right-left on the spot |
| 9-10 | Step forward on right, turn ¼ left step left beside right |
| 11-12 | Stomp right beside left twice (no weight) |
| 13-16 | Repeat steps 1-4 |
| 17-18-19&20 | Repeat steps 5-8 |
| 21-24 | Repeat steps 9-12 |
| 25-26 | Boogie walk- cross/step right over left, left over right |
| 27-28 | Right over left moving forward, kick left forward at 45 degrees right |
| 29-30 | Step left back while turning ¼ left, tap right toe behind |
| 31&32 | Tap right again while scooting back on left, tap right toe again while scooting back on left |
| 33-36 | Step forward on right, slide left behind right, step forward on right, touch left beside right |
| 37&38&39-40 | Syncopated steps - touch left to left, step left beside right, touch right to right, step right beside left, touch left heel, forward, step left beside right, touch right heel forward |
| 41-42-43&44 | Rock forward on right, back on left, coaster step stepping right back, left together, right forward |
| 45-46-47&48 | Cross left over right, unwind ¾ turn left, shuffle forward left-right-left |
| 49-50-51&52 | Step forward on right, ½ pivot turn left, shuffle forward stepping right-left-right |
| 53-56 | Jump forward on left at 45 degrees angle left, drag t toe up to left, taking two counts, stomp |
| 57-60 | Step right toe to side, drop right heel, step left toe behind right, drop left heel |
| 61-64 | Step right toe further over left, drop right heel, step left toe to left, drop left heel |

REPEAT

OPTIONAL HAND MOVEMENTS

Steps 25-28

Holding clenched fists in front, waist high, move arms from side to side in twisting motion

Steps 53-56

Lift right arm up in the air and move it down and through in a sweeping motion at the same place as toe drag.

Hands on waist to stomp