Walkin' Man



Count: 96 Wand: 2 Ebene: Improver

Choreograf/in: K C Ang (SG) & Rosemary Ang (SG)

Musik: Walk Like a Man - Frankie Valli & The Four Seasons



TOE STRUTS, FORWARD ROCK, COASTER STEPS

Touch right toes in place, step right foot beside leftTouch left toes in place, step left foot beside right

5-6 Rock right forward, rock left in place

7&8 Step right foot back, step left foot beside right, step forward on right

TOE STRUTS, FORWARD ROCK, COASTER STEPS

Touch left toes in place, step left foot beside rightTouch right toes in place, step right foot beside left

5-6 Rock left forward, rock right in place

7&8 Step left foot back, step right foot beside left, step forward on left

FORWARD SHUFFLE, ½ TURN RIGHT, FORWARD SHUFFLE, ¼ TURN LEFT

Shuffle forward on right, left, right

Step forward on left, pivot ½ turn right

Shuffle forward on left, right, left

Step forward on right, pivot ¼ turn left

FORWARD SHUFFLE, ½ TURN RIGHT, FORWARD SHUFFLE. ¼ TURN LEFT

Shuffle forward on right, left, right
Step forward on left, pivot ½ turn right
Shuffle forward on left, right, left
Step forward on right, pivot ¼ turn left

FORWARD WALK AND CLAP (X4)

Step right forward in front of left and clap
Step left forward in front of right and clap
Step right forward in front of left and clap

7-8 Point left in front of right (keep weight on right) and hold

BACKWARD WALK, SIDE ROCK, SAILOR CROSS

1-4 Walk backwards - left, right, left and end with right point beside left (weight on left)

5-6 Rock right to right, rock left in place

7&8 Cross right behind left, step left backward, step right forward cross over left

FORWARD WALK AND CLAP (X4)

Step left forward in front of right and clap
Step right forward in front of left and clap
Step left forward in front of right and clap

7-8 Point right in front of left (keep weight on left) and hold

BACKWARD WALK, SIDE ROCK, SAILOR CROSS

1-4 Walk backwards - right, left, right and end with left point beside right (weight on right)

5-6 Rock left to left, rock right in place

7&8 Cross left behind right, step right backward, step left forward cross over right

DIAGONAL FORWARD LOCKED STEPS

1-4 Step right to right diagonally, step left behind right, step right to right diagonally, scuff left

forward

5-8 Step left to left diagonally, step right behind left, step left to left diagonally, scuff right forward

FORWARD ROCK, ½ TURN CHA-CHA, PIVOT ½ TURN STOMP, STOMP

1-2 Step right across left, step back left in place

3&4 Triple step ½ turn right, left, right

5-8 Step left forward, pivot ½ turn, stomp left in place, stomp right in place

DIAGONAL FORWARD LOCKED STEPS

1-4 Step left to left diagonally, step right behind left, step left to left diagonally, scuff right forward

5-8 Step right to right diagonally, step left behind right, step right to right diagonally, scuff left

forward

FORWARD ROCK, ½ TURN CHA-CHA-CHA, PIVOT ½ TURN STOMP, STOMP

1-2 Step left across right, step back right in place

3&4 Triple step ½ turn left, right, left

5-8 Step right forward, pivot ½ turn, stomp right in place, stomp left in place

REPEAT