Weak In The Knees



Count: 48 Wand: 4 Ebene: Intermediate/Advanced

Choreograf/in: Bill Morgan (USA)

Musik: I'm from the Country - Tracy Byrd



LOCKING TRIPLE STEPS, ½ TURN, FULL SPIN, WALK

1&2	Step right foot forward, lock-step left foot behind right foot, step right foot forward
3-4	Step left foot forward, turn ½ to right on ball of left foot and replace weight to right foot

5-6 Step left foot forward turning ½ to right (to the right), step back on right foot turning ½ to right

(to the right)

7-8 Step forward left-right

SYNCOPATED HEEL-TOE TOUCHES, CROSS/STEP, HOLD, HEEL JACK

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1	Touch left heel forward	

&2 Step left foot home, touch right toe back

Step right foot home, touch left foot to left (optional styling: turn left knee slightly to center)

Step left foot home, touch right toe to right (optional styling: turn right knee slightly to center)

&5 Step back on right foot, cross-step left foot over right foot

6 Hold and snap fingers

&7 Step right foot diagonally back (diagonal right), touch left heel forward

&8 Step left foot home, touch right toe beside left foot

HEEL JACK, OUT-OUT, IN-IN MOVING BACKWARDS, TOE & HEEL FAN, RIGHT KNEE POP, 1/4 TURN

&1	Step right foot	diagonally back (diagonal right)	touch left heel forward
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&2 Step left foot home, touch right toe beside left foot

&3 Step back on right foot, step left foot parallel to right foot and shoulder width apart

&4 Step back/center on right foot, step left foot together with right foot

5-6 Fan both toes to outside, fan both heels to outside

7-8 Pop right knee to center and look to left at same time, turn ¼ to right

STEP THEN FAN HEELS OUT, STEP THEN FAN HEELS IN, STEP THEN FAN HEELS OUT, LARGE RIGHT STEP TO RIGHT, TOUCH LEFT TOGETHER

1&2	Step left foot forward, fan both heels to outside, return heels home
3&4	Step right foot forward, fan both heels in, return heels home

Step left foot forward, fan both heels to outside, return heels home

&7 Flea hop on left foot, step large step to right on right foot

8 Drag and touch left toe beside right foot

CROSS, TURN, SIDE SHUFFLE, KNEE ROLLS MOVING BACKWARDS

1-2	2 (Cross-step	left foot	over right foot,	turn ¾ right	rotating on ball	s of feet \	which remain in place

3&4 Step left foot to left side, step right foot beside left foot, step left foot to left side

5-6 Step back on right foot, rotate (roll) left knee to the outside and snap fingers at same time 7-8 Step back on left foot, rotate (roll) right knee to the outside and snap fingers at same time

CROSS, TURN, KNEE POPS, 1 AND 1/4 PADDLE TURN

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3-4 Pop left knee to center, pop right knee to center

&5 Lift right knee, touch ball of right foot making slight turn to the left

&6 Continue paddle turn (same as &5) &7 Continue paddle turn (same as &5)

&8 Continue paddle turn (same as &5)until completing 1 and ¼ turn to the left to new wall