Whiplash!



Count: 32 Wand: 4 Ebene: Intermediate/Advanced

Choreograf/in: Jo Thompson Szymanski (USA)

Musik: I Need to Know - Marc Anthony



SIDE LEFT, ROCK BACK, RECOVER, SIDE, TOGETHER, CROSS, RIGHT & LEFT, SIDE CHA RIGHT

1	Step	left	foot	to	left sid	е
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2 Rock back with ball of right foot 3 Recover weight forward to left foot

4 Step right foot to right side& Step together with left foot

5 Step right foot across in front of left

6 Step left foot to left side & Step together with right foot

7 Step left foot across in front of right

8 Step right foot to right side & Step together with left foot 9 Step right foot to right side

CROSS ROCK, RECOVER, 1/4 TURN LEFT, STEP, 1/2 TURN LEFT

10 Rock left foot across in front of right11 Recover weight back to right foot

12 Step left foot to left side & Step together with right foot 13 ½ turn left, step forward with left 14 Step forward with right foot

15 Turn ½ left shifting weight forward to left foot

TAP, TAP, ROCK, RECOVER, SIT WITH HEAD POP (THE WHIPLASH MOVE!)

Touch ball of right foot slightly forward with right heel lifted, right knee bent
Touch ball of right foot slightly further forward right heel lifted, right knee bent

17 Rock forward with right foot

During the above counts 16&17, lead forward with right side of chest and right shoulder, keeping head and left shoulder back

18 Recover weight back to left foot, roll head and shoulders forward

19 Keeping weight on left foot, roll head and shoulders up popping head up to normal position,

sit slightly by bending left knee, right ball of foot is forward, with right heel lifted, right knee

bent

COASTER STEP, STEP, ¼ TURN RIGHT, CROSS & CROSS, SIDE ROCK, RECOVER

Step back with right foot
Step together with left foot
Step forward with right
Step forward with left foot

Turn ¼ right, shifting weight to right foot
 Step left foot across in front of right
 Small step with right foot to right side
 Step left foot across in front of right

26 Rock right foot to right side 27 Recover weight to left foot

CROSS & TURN 1/4 RIGHT & SIDE CHA, HOLD, & CROSS

28 Step right foot across in front of left

& Turn ¼ right on right foot, step back and slightly to left side with left foot

29 Step to right side with right foot & Step together with left foot 30 Step to right side with right foot

31 Hold

& Small step back with ball of left foot32 Step right foot across in front of left

REPEAT