WLR-16

Count: 32

Ebene:

Choreograf/in: Laurel Curtiss (USA)

Musik: Turn Off the Light - Nelly Furtado

Happy "16" Whitney, Lindsey and Rachael

SHUFFLE FORWARD, SHUFFLE FORWARD, JUMPING JACKS, SCUFF-HITCH-STOMP

- 1&2 Left foot step forward, right foot step forward next to left foot, left foot step forward
- 3&4 Right foot step forward, left foot step forward next to right foot, right foot step forward
- 5& Jump with your feet apart, making a ¹/₄ turn left, jump feet together
- 6& Jump with your feet apart-back to face front (1/4 right), jump back with feet together, weight ending on right foot
- Scuff left foot forward, hitch left knee, stomp down on left foot with weight 7&8

Option: instead of jumping-jacks for counts 5&6&, step forward on left foot, rock back onto right foot, touch left foot next to right

SHUFFLE FORWARD, SHUFFLE FORWARD, JUMPING JACKS, SCUFF-HITCH-STOMP

- Right foot step forward, left foot step toward next to right foot, right foot step forward 1&2
- 3&4 Left foot step forward, right foot step forward next to left, left foot step forward
- 5& Jump with your feet apart making a 1/4 turn right, jump feet together
- 6& Jump with your feet apart-back to face front (¼ left), jump back with feet together, weight ending on left foot
- 7&8 Stuff right foot forward, hitch right knee, stomp down on right foot with weight

Options: instead of jumping jacks for counts 5&6&, step forward on right foot, rock back onto left foot, touch right foot next to left

MOONWALK BACK, MONTEREY TURN

- 1 Pop left knee, step right foot back
- 2 Pop right knee, step left foot back
- 3 Pop left knee, step right foot back
- 4 Pop right knee, step left foot back
- Touch right toe to right side, push against right inner edge and pivot on ball of left foot 1/2 turn 5-6 right. Right foot steps beside left for count 6
- 7-8 Toes of left foot touch to the left side, step beside right

SIDE RIGHT SHIMMY, SIDE RIGHT SHIMMY, KNEE BOUNCE DOWN UP SLAP, CLAP, SNAP

- 1-2 Right foot step to the side and shimmy shoulders as left foot drags next to right
- 3-4 Repeat 1-2, ending with weight centered on both feet
- 5-6 Bending both knees, bounce down for count 5 and back up to straight position for count 6 (rest palm of hands on knees while bouncing down)
- 7&8 Slap both hands on thighs, clap & snap

REPEAT





Wand: 2