Work It A Little Bit



Count: 32 Wand: 4 Ebene: Intermediate

Choreograf/in: Irene May (WLS)

Musik: Just a Little - Liberty X



SKATE RIGHT, LEFT, RIGHT SHUFFLE, SKATE LEFT, RIGHT, LEFT SHUFFLE

1-2	Skate diagonal,	forward on	right, skate	diagonal.	forward on left

3&4 Step forward on right, step left next to right, step forward on right, (diagonal)

5-6 Skate diagonal, forward on left, skate diagonal, forward on right

7&8 Step forward on left, step right next to left, step forward on left, (diagonal)

STEP FORWARD, 1/2 RONDE LEFT, BEHIND & CROSS, STEP DRAG, CROSS & SIDE

1-2	Step forward	on right, sweep	left turning ½ left

3&4 Cross step left behind right, step right to side, cross step left over right
5-6 Step right to side (long step), drag left to right, (weight remains on right)
7&8 Cross left over right, rock back onto right in place, step left to side

RIGHT CROSS, ¼ TURN, ¼ TURN SHUFFLE, CROSS ROCK, SIDE SHUFFLE

1-2	Cross right over I	left. step back	on left turn	ina ¼ riaht

3&4 Turn ½ turn right stepping right to side, step left next to right, step right to side

5-6 Cross left over right, rock back onto right in place

7&8 Step left to side, step right next to left, step left to side

CROSS, UNWIND ¾ TURN, HIP BUMPS RIGHT, LEFT, RIGHT, LEFT SAILOR STEP, TOUCH ½ TURN

1-2 Cross right over left, unwind ¾ turn left, (keeping weight on left)

3&4 Bump hips right, left, right, (transferring weight to right)

5&6 Step left foot behind right, step right foot to side, step left foot to side

7-8 Touch right toe back keeping weight on left, turn ½ right slightly hooking right over left

REPEAT