

Count: 32 Wand: 4 Ebene: Improver west coast swing

Choreograf/in: Nikki Wyllie (USA)

Musik: You Da Man - Jameson Clark



POINT, CROSS, POINT, CROSS, FORWARD ROCK STEP, COASTER WITH 1/4 TURN RIGHT

1-2	Point right foot out to side (keep weight on left foot), cross right foot forward over left
3-4	Point left foot out to side (keep weight on right foot), cross left foot forward over right

5-6 Rock right foot forward, recover weight on left

7&8 Step back on right, step left next to right, ¼ turn right on right

POINT, CROSS, POINT, CROSS, FORWARD ROCK STEP, LEFT COASTER STEP

1-2	Point left foot out to side (keep weight on right foot), cross left foot forward over right
3-4	Point right foot out to side (keep weight on left foot), cross right foot forward over left

5-6 Rock left foot forward, recover weight on right

7&8 Step back on left, step right next to left, step forward on left

HIP ROLL TO THE RIGHT TWICE, RIGHT VINE

&1-2	Touch right foot slightly forward, with weight on left roll hips to the right
OX 1-Z	TOUGHTIUH TOUL SHUHLIV TOLWALU. WILL WEIGHT OH IEH TOH HIDS TO THE HUHL

3-4 Roll hips to the right

5-6 Step right on right, cross left behind right

7-8 Step right on right, touch left slightly forward (set up for hip roll)

HIP ROLL TO THE LEFT TWICE, TRIPLE SIDE, BACKWARD ROCK STEP

1-2 Roll hips to the left3-4 Roll hips to the left

Step left on left, step right next to left, step left on left

7-8 Rock back on right foot, recover weight on left

REPEAT

HIP ROLL ALTERNATIVES:

#1: push hips: forward, backward, forward, backward

#2: rocking chair: rock forward, recover, rock backward, recover

#3: body rolls: forward or side