# **Judo Jammin**



Count: 64 Wand: 4 Ebene:

Choreograf/in: Mike Bannister (USA) & Jo Everhart (USA)

Musik: Betty's Takin' Judo - Jeff Carson



#### RIGHT VINE, KICKS, TRIPLE STEPS

1-4 Step right foot to right, step left behind right, step right foot to right, step, left next to right as

you turn 1/4 turn to right

5-6 Kick right foot forward, keep foot up as you turn ¼ wall to left and kick right foot to right side

(kicks may resemble judo kicks)

7&8 Triple step in place (right, left, right)

#### LEFT VINE, KICKS, TRIPLE STEPS

9-12 Step left foot to left, step right behind left, step left foot to left, step right next to left as you urn

1/4 turn to left

13-14 Kick left foot forward, keep foot up as you turn ¼ wall to right and kick left foot to left side

(kicks may resemble judo kicks)

15&16 Triple step in place (left, right, left)

#### RIGHT KICK BALL CROSS, STEP, 2 SCISSOR STEPS

17&18 Kick right foot forward, step on right ball of foot cross left in front of right

19-20 Step right to right, step left behind right

21-22 Jump back slightly on right foot and tap left heel forward to left, and return to home position

Optional: arms: back motion right elbow pointed back with fist next to chest, left arm extended forward bent at elbow & fist toward ceiling

Jump back slightly on right foot and tap left heel forward to left, and return to home position

(take weight on right foot)

#### LEFT KICK BALL CROSS, STEP, 2 SCISSOR STEPS

25&26 Kick left foot forward, step on left ball of foot cross right in front of left

27-28 Step left to left, step right behind left

29-30 Jump back slightly on left foot and tap right heel forward to right and return to home position

Optional: arms: back motion left elbow pointed back with fist next to chest, right arm extended forward bent at elbow & fist toward ceiling

31-32 Jump back slightly on left foot and tap right heel forward to right and return to home position

(take weight on right foot)

## HEEL TAPS, STEP HEEL BALL TOUCHES, SYNCOPATED STEPS & CLAP

33-34	Tap right heel forward, step right foot home as you turn ¼ wall to left
35&36	Tap left heel forward, step left foot home on ball of foot & touch right foot next to left
37-38	Tap right heel forward, step right foot home as you turn ¼ wall to left
39&40	Tap left heel forward, step left foot home on ball of foot & touch right foot next to left
41-42	Tap right heel forward, step right foot home as you turn ¼ wall to left
43&44	Tap left heel forward, step left foot home on ball of foot & touch right foot next to left
&45-46	Jump out with feet slightly apart stepping right, left, clap or snap fingers
&47-48	Jump in with feet together stepping right, left, clap or snap fingers

#### **KNEE ROLLS, MONTEREY TURNS**

49-50	Roll right knee out for 2 counts
51-52	Roll left knee out for 2 counts
53-54	Tap right toe to right side, step right foot home as you turn ½ wall to the right
55-56	Tap left toe to left side, step left foot home taking weight

# PIVOT TURN, 2 STOMPS & HEEL TAPS

57-58	Step forward	on right foot	pivot 1/2 wall to left
31-30	Olep Iol Wald	on night look	pivol /2 wall to left

59-60 Stomp right, stomp left 61-62 Tap right heel 2 times 62-64 Tap left heel 2 times

### **REPEAT**

## Option 1

21-22 Step back on right toe at 45' angle, spring forward keeping weight on left foot & tapping right

toe next to left

## Option 2

29-30 Step back on left toe at 45' angle, spring forward keeping weight on right foot & tapping left

toe next to right