Just Another Day



Count: 64 Wand: 2 Ebene: Intermediate

Choreograf/in: Forty Arroyo (USA)

Musik: Just Another Day - Jon Secada



TOE, HEEL, ROCK, RECOVER, STEP, SWEEP, TOE, HEEL, ROCK, RECOVER, STEP

1-2 Step side right on ball of right, lower right heel - stepping right in place

3&4& Rock back on left, recover on right, step left to left side, slide & touch right next to left

5-6 Repeat counts 1-2

7&8 Repeat counts 7&8 (now at 12:00)

TOE, HEEL, BOUNCE, BOUNCE, KICK, MAMBO BACK, MAMBO FORWARD

1&2 Pushing hips slightly back - touch right toe slightly forward, push hips forward while bending

knees, drop right heel while straightening knees - weight on right

3&4 Bounce heels twice as you complete a ½ to left (for 3&) weight on left, low kick left forward

(4)

5&6 Rock back on left, step right in place, step left next to right

7&8 Rock forward on right, step left in place, step right next to left (now at 6:00)

STEP, SWEEP 14, TRIPLE SIDE, STEP, SWEEP 14, TRIPLE SIDE

1-2 Step forward on left, sweep & touch right next to left turning a ¼ to right with sharp turn of the

head on count 2

3&4 Triple side right - right left right

5-6 Repeat counts 1-2

7&8 Repeat counts 3&4 (now at 12:00)

LEFT MAMBO, RIGHT MAMBO, SYNCOPATED LEFT & RIGHT MAMBO

Rock forward on left, step right in place, step left next to right Rock back on right, step left in place, step right next to left

Rock left to side, step right in place, step left next to right, rock right to side Step left in place, step right next to left, step left in place (still at 12:00)

STEP FORWARD, POP, TRIPLE FORWARD, STEP FORWARD, POP, TRIPLE FORWARD

1-2 (Rolling hips forward and back) step slightly forward on ball of right, rock back on left while

popping right knee

3&4 Triple forward right left right

5&6 (Rolling hips forward) step slightly forward on left, (rolling hips back) rock back on right while

popping left knee

7&8 Triple forward left right left (still at 12:00)

STEP, PIVOT 1/4 LEFT, CROSSING TRIPLE, CHASSE' LEFT, TOUCH, TOUCH, STEP

1&2 Step forward on right, pivot ¼ to left (weight on left)

3&4 Cross right in front of left, step left to left side, cross right in front of left

Step left to side, step right next to left, step left to side,

&7-8 Touch right next to left, touch right to side, step right next to left (now at 9:00)

MAMBO LEFT & RIGHT, FULL TURN RIGHT IN PLACE, MAMBO W/TOUCH

1&2 Rock left to side, step right in place, step left next to right

3&4 Rock right side, step left in place, step right next to left with toe pointing to right (prepping for

full turn right)

5&6 Full turn in place to right (step slightly forward on left, pivot ¾ turn to right, step left next to

right turning 1/4 turn - completing full turn to right (easy option: mambo back on left)

ROCK, STEP, TOUCH 1/4 RIGHT, STEP 1/4 RIGHT, STEP, PIVOT 1/4 RIGHT, CROSSING TRIPLE

Rock forward on right, step left in place, turning 1/4 right - touch right to right side, turning 1/4 1-4

right -step right in place

5-8 Step forward on left, pivot ¼ to right, cross left over right, step right to side, cross left over

right (now at 6:00)

REPEAT

TAG

After walls 1 and 2. For those who don't like long intros, feel free to start the dance after 8 counts, putting the tag on walls 1, 2, and 3

KICK & TOUCH, ½ TURN SWEEPING TRIPLE - REPEAT

1&2 Low kick right forward, step right in place, touch left out to side

3&4 Starting a ½ to left- sweep step left behind right, step right in place, step left in place -

completing ½ turn

Repeat 1-4 5-8

ENDING

As the music fades, repeat 1st 8 counts to end