J. & J. W (P)



Count: 40 Wand: 0 Ebene: Partner

 $\textbf{Choreograf/in:} \ \ \mathsf{Jeff} \ \mathsf{Mills} \ (\mathsf{UK}) \ \& \ \mathsf{Thelma} \ \mathsf{Mills} \ (\mathsf{UK})$

Musik: Gain Control Again - No Regrets



Position: Right Side By Side Position, Man's footwork listed. Lady's same throughout unless stated Dedicated to Jan & John Walker on their Special Day 20th September 2003

BOTH: CROSS ROCK, CHASSE, CROSS ROCK / MAN: 1/4 TRIPLE TURN RIGHT, LADY: 3/4 TRIPLE TURN RIGHT

1-2 Cross rock left over right, recover onto right

3&4 Left chasse, left, right, left

5-6 Cross rock right over left, recover onto left
7&8 MAN: ¼ Triple turn right to face OLOD
LADY: ¾ Triple turn right to face ILOD

During triple turn, counts 7 & 8 raise arms over lady's head and change hands, left to left - right to right, man facing lady, right shoulder to right shoulder in double open hand position with arms stretched out at shoulder height

ROTATE 1/4 TURN RIGHT, TRIPLE STEP, ROTATE 1/4 TURN RIGHT, 1/4 TRIPLE TURN RIGHT

9-10 Rotate ¼ turn right walking left, right
11&12 Triple step in place left, right, left
13-14 Rotate ¼ turn right walking right, left
15&16 ¼ triple turn right in place, right, left, right

During triple turn, counts 15&16 change hands into double cross hand position with left arm on top, man is facing LOD, lady facing man

BOTH: ROCK STEP / MAN: TRIPLE STEP, LADY: ½ TRIPLE TURN LEFT INTO SHADOW / BOTH: WALK TWICE, SHUFFLE

17-18 Step and rock back on left, recover onto right

19&20 **MAN:** Triple step in place left, right, left

LADY: ½ Triple turn left (left, right, left) to face LOD

21-22 Walk forward right, left

23&24 Right shuffle forward right, left, right

During counts 19&20 raise left arm over lady's head into shadow position

MAN: ROCK STEP, LADY: ½ TURN, BOTH: TRIPLE STEP, ROCK STEP / MAN: TRIPLE STEP, LADY: TRIPLE TURN

25-26 MAN: Step and rock forward onto left, recover onto right

LADY: Step forward left, pivot 1/2 turn right to face man RLOD

27&28 Triple step in place, left, right, left

29-30 Step and rock back onto right, recover onto left

31&32 MAN: Triple step in place right, left, right

LADY: 1/2 Triple turn left right, left, right

On count 26 raise left arms over lady's head into double cross hand position. During counts 31 & 32 raise left arms over lady's head and go into right side by side position

WALK FORWARD TWICE, ½ TRIPLE TURN RIGHT, WALK BACKWARD TWICE / ½ TRIPLE TURN RIGHT

33-34 Walk forward left, right

35&36 ½ triple turn right to face RLOD, left, right, left

37-38 Walk backward right, left

39&40 ½ triple turn right to face LOD, right, left, right

On completion of triple turn, counts 35&36 left arms/hands to be at waist height behind back, right

arms/hands to be at waist height in front, during counts 39&40 release left hands raise right hands and finish in side by side position

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