Jackson Boogie



Count: 0 Wand: 1 Ebene: Intermediate

Choreograf/in: Bronya Bishorek (MY)

Musik: Blame It On the Boogie - The Jacksons



Sequence: A (1/4 turns x 4) B C B C D C A (1/2 turns twice) B C C C C C C

SECTION A (1/4 TURN INTRO)

HANDS REACH UP, DOWN, CLAP, WEIGHT SHIFT, TOUCH, HITCH, STEP (DANCED WITH LEGS APART)

1-2 Reach right hand up above head, hold, reach left hand up above head, hold
3-4 Bring right hand down to thigh, hold, bring left hand down to tight, hold

5 Clap hands

6 Shift weight to right leg

7&8 Touch left toe to left, hitch left knee, ¼ turn right and step left to left

HANDS REACH UP, DOWN, CLAP, WEIGHT SHIFT, TOUCH, HITCH, STEP (FACING 3:00)

1-2 Reach right hand up above head, hold, reach left hand up above head, hold 3-4 Bring right hand down to thigh, hold, bring left hand down to tight, hold

5 Clap hands

6 Shift weight to right leg

7&8 Touch left toe to left, hitch left knee, ¼ turn right and step left to left

HANDS REACH UP, DOWN, CLAP, WEIGHT SHIFT, TOUCH, HITCH, STEP (FACING 6:00)

1-2 Reach right hand up above head, hold, reach left hand up above head, hold
3-4 Bring right hand down to thigh, hold, bring left hand down to tight, hold

5 Clap hands

6 Shift weight to right leg

7&8 Touch left toe to left, hitch left knee, ¼ turn right and step left to left

HANDS REACH UP, DOWN, CLAP, WEIGHT SHIFT, TOUCH, HITCH, STEP (FACING 9:00)

1-2 Reach right hand up above head, hold, reach left hand up above head, hold 3-4 Bring right hand down to thigh, hold, bring left hand down to tight, hold

5 Clap hands

6 Shift weight to right leg

7&8 Touch left toe to left, hitch left knee, ¼ turn right and step left to left

SECTION B (THE VERSE)

GRAPEVINE RIGHT, BALL CHANGE, GRAPEVINE LEFT, BALL CHANGE

1-3 Step right to right, step left behind right, step right to right

&4 Ball change behind right: step left behind right on ball, step right forward to left diagonal

5-7 Step left to left, step right behind left, step left to left

&8 Ball change behind right: step right behind left on ball, step left forward to left diagonal

SIDE STEP RIGHT, TOUCH FORWARD, SIDE STEP LEFT, TOUCH FORWARD

1-3 Step right to right, step left next to right, step right to right

4 Touch left toe forward

5-7 Step left to left, step right next to left, step left to left

8 Touch right toe forward

ROCK STEP, COASTER STEP RIGHT, ROCK STEP COASTER STEP LEFT

1-2 Rock forward on right, recover on left

3&4	Coaster step, right left right	
5-6	Rock forward on left, recover on right	
7&8	Coaster step, left right left	
SWIVELS RIGHT, SWIVEL LEFT		
1-2	Swivel toes to the right then left	
3&4	Swivel right, recover, swivel right	
5-6	Swivel toes to the left then right	
7&8	Swivel left, recover, swivel left	
SECTION C (SUNSHINE CHORUS) SUNSHINE, MOONLIGHT		
1-4	Weight on left leg, bump left hip 4 times while raising right hand like sun rising over hills	
5-8	Shift weight to right leg, bump right hip 4 times while sweeping left arm across chest like moonlight on water	
GOOD TIME, BOOGIE MOVES		
1&2	Thrust right hip to right diagonal, finish with weight on right foot	
3&4	Thrust left hip to left diagonal, finish with weight on left foot	
5-6	Shimmy body from shoulders to hips bending knees slightly	
7-8	Shimmy body from hips to shoulders while standing up	
SECTION D (TAG) COUNTER SWIVEL, HEEL TAPS & 1/4 TURN		
1&2&	With feet slightly apart, swivel both heels apart, inwards, apart & inwards on ball finishing with	
10.20	weight in center	
3&	Place right heel forward, step right next to left	
4	1/4 turn left, place left heel forward (facing 9:00)	
5&6&	Swivel both heels apart, inwards, apart & inwards on ball finishing with weight in center	
7&	Place right heel forward, step right next to left	
8	1/4 turn left, place left heel forward (facing 6:00)	

COUNTER SWIVEL, HEEL TAPS & 1/4 TURN

1&2&	With feet slightly apart, swivel both heels apart, inwards, apart & inwards on ball finishing with weight in center
3&	Place right heel forward, step right next to left
4	1/4 turn left, place left heel forward (facing 3:00)
5&6&	Swivel both heels apart, inwards, apart & inwards on ball finishing with weight in center
7&	Place right heel forward, step right next to left
8	1/4 turn left, place left heel forward (facing 12:00)
1-16	Repeat the whole of Section D again