Jackson Twist



Count: 42 Wand: 2 Ebene:

Choreograf/in: Pam Kaiser

Musik: She's Got The Rhythm - Alan Jackson



HEELS, WIGGLE DOWN, WIGGLE UP

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1	-4	Feet together, twist heels to right and return to center, twist heels to right and return to center
5	-8	Drop left hip down, then drop right hip down, lift right hip up, lift left hip up
9	-12	Step forward on the right, left, right, and kick left
1	3-16	Step back on the left, right, left, and touch the right toe behind left heel (wing)
1	7-18	Step together, touch left toe behind right heel (wing)
٧	INES	
1	9-22	Vine left: step left with left foot, slide right behind left, step left, scuff with right
2	3-26	Vine right: step right with right foot, slide left behind right, step right and touch left toe beside right foot
D	IGS	
	7-28	Do a left heel dig and in one movement turn ¼ to the right and do a left toe touch slightly behind right heel
2	9-30	Heel dig, turn ¼ turn, and toe touch again
3	1-34	Do 2 left heel digs to the front and 2 left toe touches to the back
3	5-38	Step forward on the left, do a right scuff forward, step forward on the right, do a left scuff forward

Step back on the left, right, left and return right home beside the left

REPEAT

39-42