Jammin'



Count: 64 Wand: 0 Ebene:

Choreograf/in: jg2 (USA)

Musik: The Big One - George Strait



FORWARD SHUFFLE & HITCH

1&2 Right shuffle forward (right, left, right)

3 Step left foot forward

4 Leaning back slightly, weight on left, hitch right knee

5-8 Repeat counts 1-4

SHUFFLES: FORWARD, ½ TURN, ¼ TURN, ½ TURN

9&10 Right shuffle forward (right, left, right)

11&12 On ball of right, make ½ turn left & shuffle (left, right, left)
13&14 On ball of left, make ¼ turn right & shuffle (right, left, right)
15&16 On ball of right, make ½ turn left & shuffle (left, right, left)

SIDE SHIMMIES (BEND KNEES & MOVE DOWN AND UP WHILE PUMPING ARMS)

Stepping right foot to right and bending knees begin to shimmy down
Continue to shimmy down & back up stepping left next to right on count 20
Stepping right foot to right and bending knees begin to shimmy down
Continue to shimmy down & back up stepping left next to right on count 24

HEEL TAPS, STOMPS, 1/4 TURN

25-26	Tap right heel forward, step right foot next to left
27-28	Tap left heel forward, step left foot next to right
29-30	Stomp right foot next to left twice

31-32 Step right foot slightly forward, pivot ¼ turn to the left

RIGHT VINE, 1/4 TURN

33-34 Step right foot to the right, cross & step left foot behind right 35-36 Step right foot to the right & make ¼ turn right, hitch left knee

LEFT VINE, ¼ TURN, ¼ TURN

37-38 Step left foot to the left, cross & step right foot behind left

39 Step left foot to the left & make ¼ turn left

40 Hitch right knee & swing around making ½ turn to the left

FORWARD STEP & SLIDE

41-42 Step right foot forward, slide & step left foot next to right
43-44 Step right foot forward, slide & step left foot next to right
45-46 Step right foot forward, slide & step left foot next to right
47-48 Step right foot forward, stomp left foot next to right

HEEL TWISTS

Twist both heels to the right, twist both heels back to center
Twist both heels to the left, twist both heels back to center

DOWN AND UP WIGGLE (FEET TOGETHER, WEIGHT EVEN)

53&54 Wiggle downward (two counts) 55&56 Wiggle upward (two counts)

HIP BUMPS

57-58	Bump hips to the right twice (weight on right, body facing slightly left)
59-60	Bump hips to the left twice (weight on left, body facing slight left)
61	Bump hips to the right (weight on right, body facing slightly left)
62	Bump hips to the left (weight on left, body facing slight left)
63	Bump hips to the right (weight on right, body facing slightly left)
64	Bump hips to left (weight on left & turn body to face forward)

REPEAT