

# I've Been Better

Count: 64

Wand: 4

Ebene: Intermediate

Choreograf/in: Beth Brydon

Musik: I've Been Better - Brad Paisley



## **& OUT, OUT, TOUCH, & BACK, FORWARD, ROCK FORWARD, BACK, SHUFFLE BACK**

- &1-2&3& Step right to side, step left to side, touch right next to left, & step back right, left heel forward  
&4& Step left next right, step forward right  
5-6-7&8 Rock forward left, rock back right, shuffle back left, right, left

## **ROCK BACK, FORWARD, ½ TURN SHUFFLE, ROCK BACK, FORWARD, SHUFFLE FORWARD**

- 1-2-3&4 Rock back right, rock forward left, ½ turn left shuffle back right, left, right  
5-6-7&8 Rock back left, rock forward right, shuffle forward left, right, left

- 1-16 Repeat above 16 counts

## **STEP, POINT, STEP, POINT, RIGHT SAILOR, LEFT SAILOR**

- 1-2-3-4 Step right forward, point left to side, step left forward, point right to side  
5&6-7&8 Right sailor step, left sailor step

## **SHUFFLE RIGHT, LEFT, RIGHT, SHUFFLE LEFT, RIGHT, LEFT, ROCK FORWARD, BACK, & CROSS, ROCK FORWARD, BACK**

- 1&2-3&4 Turn right diagonally shuffle on the spot right, left, right, turning left day shuffle on the spot left, right  
5-6 Rock forward right, rock back left, (still diagonally left)  
& Step right next left  
7-8 Rock forward left, rock back right (facing diagonally right)

## **& STEP TOGETHER, FORWARD, ½ PIVOT, ½ PIVOT, ¼ PIVOT, CROSS SHUFFLE**

- & Step left next right  
1-2-3-4 Step forward right, ½ pivot turn left, step forward right, ½ pivot left  
5-6-7&8 Step right forward, ¼ pivot turn left, cross shuffle right, left, right

## **SIDE SHUFFLE, ROCK BACK, FORWARD, SCOOT FORWARD, ROCK, COASTER STEP**

- 1&2-3-4 Side shuffle to left (left, right, left), rock back right, forward left  
& Step right next to left  
5-6-7&8 Rock forward left, rock back right, coaster step left, right, left

## **REPEAT**

## **TAG**

### **End of 1st wall, end of 3rd wall**

- 1-2-3-4 Step right to side, drag left to right, step left to side, drag right to left

## **RESTART**

On wall 6 (instrumental) dance only to the final side shuffle left, then start again.