Ice Cool Country

COPPER KNOE

Count: 44

Wand: 0

Choreograf/in: Ron Hitchen (UK) & Barbara Hitchen (UK)

Musik: The More Things Change - Mary Chapin Carpenter



HEEL STRUTS

- 1-4 Right heel forward; toes slap down, left heel forward; toes slap down
- 5-8 Repeat steps 1-4

BACKWARD TOE STRUTS

- 9-12 Right toes back, heel slap down, left toes back, heels slap down
- 13-16 Repeat steps 9-12

CROSS, UNWIND, KICK-BALL-CHANGES

17-20 Right step across front of left; drop hands pivot ½ turn left on balls of both feet taking 2 beats. Lower heels to floor shifting weight to left. Rejoin hands in front, left hands above right hands)

Ebene:

- 21&22 Right kick forward; step on ball of right; change weight to left in place
- 23&24 Repeat steps 21&22

CROSS, UNWIND, STEP, SLIDE, STEP, SCUFF

- 25-28 Right step across front of left, pivot ½ turn left on balls of both feet taking 2 beats (keep hold of both hands lifting left arms over lady's head back into side by side), lower heels to floor shifting weight to left
- 29-32 Step right forward, left slide up behind right, step right forward, left scuff forward

STEP, SLIDE, STEPS & SCUFFS

- 33-36 Left step forward; right slide up behind left; left step forward, right scuff forward
- 37-40 Right step forward; left slide up behind right; right step forward; left scuff forward

LEFT VINE WITH TURNS & SCUFF

41-44 Left step forward making ¼ turn to right; right step behind left, left step to left side making ¼ turn to left; right scuff forward

REPEAT

