

How Sweet It Is

Count: 48

Wand: 1

Ebene: Improver waltz

Choreograf/in: Evelyn Khinoo (USA)

Musik: Cattle Call - LeAnn Rimes With Eddy Arnold



In "Cattle Call", start the dance after the first 24 counts, at the start of LeAnn's humming. Then the lyrics hit the dance steps precisely at some unique spots that make the dance too much fun, so that song is definitely preferred and recommended.

FORWARD, HOOK, HOLD, BACK, HOOK, HOLD

1-2-3 Step left forward, hook right behind left (cross right behind left and up off the floor), hold

4-5-6 Step right straight back, hook left in front of right (cross left in front of right shin and up off floor), hold

Optional hat trick: count 3, hold left front side of brim with left hand, or take hat off with left hand on counts 2-3

FORWARD, HOLD, TOGETHER, FORWARD, HOOK, HOLD

7-8-9 Step left forward, hold, step right next to left

10-11-12 Step left forward, hook right behind left, hold

BACK, HOOK, HOLD, FORWARD, HOOK, HOLD

13-14-15 Step right back, hook left in front of right, hold

16-17-18 Step left forward, hook right behind left, hold

Optional hat trick: count 15, hold right front of brim with right hand, or take hat off with right hand on counts 14-15

BACK, HOLD, TOGETHER, BACK, HOOK, HOLD

19-20-21 Step right back (long step - important in order to keep dance from traveling forward), hold, step left next to right

22-23-24 Step right back, hook left in front of right, hold

STEP LEFT INTO ¼ TURN, SCUFF, HITCH, TOGETHER, HOLD, HOLD, REPEAT ALL WITH RIGHT

25-26-27 Step left forward into ¼ left turn, scuff right heel forward (scrape heel on floor), hitch right knee (bend & raise right knee in front)

28-29-30 Step right down (flat foot but no weight change) next to left, hold, hold

31-32-33 Step right forward into ¼ right turn, scuff left heel forward, hitch left knee

34-35-36 Step left down next to right (flat foot but no weight change) on right, hold, hold

Optional hat trick: on count 25, slide right hand along right side of hat brim from right side to right front side. Repeat on the other side on count 31.

SIDE STEP, DRAG 2 COUNTS, POINT BEHIND, HOLD 2 COUNTS

37-38-39 Step left to left side (long step), start to drag right toward left, continue to drag right toward left

40-41-42 Tap right toes behind left and look left (emphasize the tap), hold, hold

Optional hat trick: on counts 37-39, scoop hat with left hand from right to left, on counts 40-42, hold left front brim of hat with left hand

SIDE STEP, HOLD, TOGETHER, SIDE, DRAG, TOUCH

43-44-45 Step right to right side (regular length), hold, step left next to right

46-47-48 Step right to right side, drag left toward right, touch left next to right

REPEAT

With "Cattle Call", slow down the steps toward the end of the song on the ¼ left, scuff, hitch, down, hold, and

end on hold.
