

I Ain't Had No Lovin'

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Judith Campbell (NZ)

Musik: Ain't Had No Lovin' - Marie Haslemore



TWO SWIVEL WALKS - SHUFFLE FORWARD

- 1-2 Two swivel walks forward on balls of feet right, left (the back foot will swivel slightly)
- 3&4 Shuffle forward on right (right-left-right)
- 5-6 Two swivel walks forward left, right
- 7-8 Step forward on left, hold

SHUFFLE TO RIGHT SIDE - ROCK RECOVER - STEP - ½ PIVOT - STEP HEEL

- 1&2 Shuffle to right side (right-left-right)
- 3-4 Rock back onto left foot, rock forward on right
- &5-6 Step left next to right (&), step forward on right, ½ pivot to left.(weight on left)
- 7-8 Step back on right foot, place left heel forward.

ROCK FORWARD RECOVER - STEP - HOLD - ROCK RECOVER - SAILOR

- 1-4 Rock forward on left, recover on right, step back on left, hold
- 5-6 Step/rock right to right, recover onto left,
- 7&8 Step right behind left, step left to left, step right in place (sailor)

SAILOR SHUFFLE - THREE ¼ PIVOTS

- 1&2 Step left behind right, step right to right, step left in place (sailor)
- 3-4 Step forward on right, ¼ pivot to left
- 5-6 Step forward on right, ¼ pivot to left
- 7-8 Step forward on right, ¼ pivot to left

REPEAT
