I Can Dance!



Count: 48 Wand: 4 Ebene: Intermediate

Choreograf/in: Cindy Truelove (AUS) & Simon Ward (AUS)

Musik: Now I Can Dance (Single Edit) - Tina Arena



This is a Latin style dance with the accents on counts 4&5 and 8&1.

1-2-3	Walk forward right, then left, turn ½ left and step back on right (facing back wall)
4&	Step ball of left beside right, step right slightly forward
5-6-7	Walk forward left, then right, turn ½ right and step back on left (facing front)
8&	Step ball of right beside left, step left slightly forward
1-2-3	Walk forward right, then left, then right
4&	Rock on left to side, return weight to right at center and at same time bring left leg in beside right (no weight on left)
5-6-7	Step back on left, then right, then left
8&	Rock right to side, return weight to left at center and at the same time bring right leg in beside left (no weight on right)
1-2-3	Step right to side, cross left behind, step right to side turning ¼ right
4&	Rock forward on left, return weight to right turning ½ left
5-6-7	Step left forward, step on right and spin a full turn left, step left forward
8&	Rock forward on right, return weight to left turning ¼ right
1-2	Step right to side swaying hips to right and slightly raising left heel, repeat to left
3	Return weight to right sliding left in beside
4&	Place left behind right swiveling both heels in (like a Louie), straighten heels
5-8&	Repeat above counts 1-4& on left side
1-2-3	
	Rock right to right side, return weight to left, cross right over left
4&	Rock right to right side, return weight to left, cross right over left Rock left to left side, return weight to right turning ¼ turn right
4&	Rock left to left side, return weight to right turning 1/4 turn right
4& 5-6-7	Rock left to left side, return weight to right turning ¼ turn right Rock left to left side, return weight to right, cross left over right
4& 5-6-7	Rock left to left side, return weight to right turning ¼ turn right Rock left to left side, return weight to right, cross left over right
4& 5-6-7 8&	Rock left to left side, return weight to right turning ¼ turn right Rock left to left side, return weight to right, cross left over right Step right back, step left back beside right Tap right heel forward at 45 degrees right, tap right heel forward across left at 45 degrees left Pop left knee forward at the same time cross/touch right toes over left
4& 5-6-7 8& 1-2	Rock left to left side, return weight to right turning ¼ turn right Rock left to left side, return weight to right, cross left over right Step right back, step left back beside right Tap right heel forward at 45 degrees right, tap right heel forward across left at 45 degrees left
4& 5-6-7 8& 1-2 &	Rock left to left side, return weight to right turning ¼ turn right Rock left to left side, return weight to right, cross left over right Step right back, step left back beside right Tap right heel forward at 45 degrees right, tap right heel forward across left at 45 degrees left Pop left knee forward at the same time cross/touch right toes over left
4& 5-6-7 8& 1-2 & 3-4	Rock left to left side, return weight to right turning ¼ turn right Rock left to left side, return weight to right, cross left over right Step right back, step left back beside right Tap right heel forward at 45 degrees right, tap right heel forward across left at 45 degrees left Pop left knee forward at the same time cross/touch right toes over left Tap right heel forward across left at 45 degrees left, tap right heel forward at 45 degrees right

REPEAT