High

Count: 32	**Wand:** 2	**Ebene:** Intermediate	
Choreograf/in: Mike Parkinson (WLS)			
Musik: High - Lighthouse Family			

ROCK FORWARD RIGHT, REPLACE LEFT, ROCK BACKWARDS RIGHT, REPLACE LEFT, STEP FORWARD RIGHT, ¼ TURN LEFT

1&	Rock forward on right (lifting left slightly), replace left
2&	Rock backwards on right (lifting left slightly), replace left
3-4	Step forward on right, ¼ turn left on left

ROCK FORWARD RIGHT, REPLACE LEFT, ROCK BACKWARDS RIGHT, REPLACE LEFT, STEP FORWARD RIGHT, ¼ TURN LEFT

5&	Rock forward on right (lifting left slightly), replace left
6&	Rock backwards on right (lifting left slightly), replace left
7-8	Step forward on right, ¼ turn left on left

RIGHT COASTER STEP, STEP BACK LEFT, CROSS-STEP-CROSS (CROSS SHUFFLE)

1&2	Step forward on right, step left next to right, step backwards on right
&	Step backwards on left
3&4	Cross step right over left, step left side slightly, cross step right over left

LEFT COASTER STEP, STEP BACK RIGHT, CROSS-STEP-CROSS (CROSS SHUFFLE)

5&6	Step forward on left, step right next to left, step backwards on left
&	Step backwards on right
7&8	Cross step left over right, step right side slightly, cross step left over right

RIGHT SIDE SHUFFLE, STEP LEFT BEHIND, UNWIND ½ TURN LEFT

1&2	Step right to right side, step left next to right, step right to right side
3-4	Step left behind right, unwind ½ turn left dip as you turn
5&6	Step right to right side, step left next to right, step right to right side
7-8	Step left behind right, unwind ½ turn left dip as you turn

SYNCOPATED - JUMP OUT & OUT, HOLD & CLAP, JUMP IN & IN, HOLD & CLAP, SYNCOPATED - JUMP OUT & OUT & IN & IN & OUT & OUT & IN & IN

&1	Jump slightly out to the right with right, jump slightly out top the left with left
2	Hold & clap
&3	Jump slightly in to the left with right, jump slightly in to the right with left
4	Hold & clap
&5	Jump slightly out to the right with right, jump slightly out to the left with left
&6	Jump slightly in to the left with right, ump slightly in to the right with left
&7	Jump slightly out to the right with right, jump slightly out to the left with left
&8	Jump slightly in to the left with right, ump slightly in to the right with left

REPEAT