

# Grab Ass

Count: 40

Wand: 0

Ebene:

Choreograf/in: Unknown

Musik: Dance - Twister Alley



1-2 Right hand, palm down, out to side at shoulder level, twice  
3-4 Left hand, palm down, out to side at shoulder level, twice  
5-8 Forward right foot ½ turn left, in place left, forward right foot ½ turn left, in place left

9-10 Right thumb hitch over right shoulder left, twice  
11-12 Left thumb hitch over left shoulder, twice  
13-14 Two fists as in a rope pull, 2 pulls towards body  
15-16 Two fists as in a rope pull, 2 pulls towards body

17 Right inside wrist touch left hip across body  
18 Left inside wrist touch right hip across body  
19 Right inside wrist touch left  
20 Left inside wrist touch right knee

## **Deep crouch position with straight back**

21 Right touch floor in front between knees  
22 Left touch floor behind  
23 Right touch floor in front between knees  
24 Stand up and clap

## **On above you can do a 3 beat twist & clap instead**

## **Slight bend over on following 8 beats**

25-28 Right at hip fast roll of both hands (2 beats) at hip level, stand up and roll 2 beats shoulder height  
29-32 Left at hip fast roll of both hands (2 beats) at hip level, stand up and roll 2 beats shoulder height  
33 Slap right hip with right palm  
34 Slap left hip with left palm  
35 Grab right buttock with right hand  
36 Grab left buttock with left hand

## **Keep hands in place on buttocks for jump steps**

37 Jump forward  
38 Jump back  
39 Jump forward turn ¼ left  
40 Clap

**REPEAT**