Get It Poppin'



Count: 32 Wand: 4 Ebene: Intermediate

Choreograf/in: Junior Willis (USA) & Judy McDonald (CAN)

Musik: Get It Poppin' (feat. Fat Joe) - Nelly



STEP, TURN LEFT KNEE IN, SHOULDER POP, LOOK, SLOW HIP ROLL, 2 HIP ROLLS WITH HITCH

1-2 Step right slightly out to right, bend left knee in toward right leg (weight stays on right)

3&4 Pop shoulders forward, pop shoulders back, turn head and look to left

5-6 (While still looking left) roll hips around slowly

7-8 (While still looking left) roll hips around, roll hips around (switching weight to left) and hitch

right and look to front

ROCK, RECOVER, SHUFFLE FORWARD, SCUFF HITCH CROSS WITH 1/4 TURN RIGHT, SIDE STEP, CROSS STEP, SIDE STEP

1-2 Rock forward on right, recover on left 3&4 Shuffle forward (right-left-right)

Scuff left heel forward, hitch left knee, cross step left over right while making a ¼ turn to right

(facing 3:00)

7&8 Step right out to right, cross step left over right, step right out to right

CROSS STEP, ROCK STEP, STEP WITH ½ TURN LEFT, KICK, CROSS, TOUCH, KNEE ROLL WITH ¼ TURN LEFT, PUSH BOOTY BACK, BODY ROLL UP

1&2 Step left over right, rock right in place, make ½ turn to left and step forward (facing 9:00)

3&4 Kick right forward, step right over left, touch left out to left side

5-6 Turn left knee in to right and swing it around making \(\frac{1}{4} \) turn to left (weight on left, facing

6:00), push booty back

7-8 Body roll up (ending with weight on left)

TAP, STEP, SLIDE WITH TOUCH, SIDE STEP, CROSS STEP, SAILOR 1/4 TURN LEFT, HITCH, COASTER

&1-2 Tap right slightly out to right, step right out to right, slide left to right and touch left next to right

3&4 Step left out to left, cross step right over left, step left out to left

5&6& Sailor step (right behind, left slightly out to left, start making ¼ turn to left with right step

forward), hitch left finishing ¼ turn to left lean slightly forward on the hitch(facing 3:00)

7&8& Hold left hitch, coaster step (step back on left, step right in place, step forward on left)

REPEAT