

Getting Warmed Up

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Anita Ludlow (UK)

Musik: Long Sermon - Brad Paisley



GRAPEVINE WITH SCUFF TO RIGHT & LEFT

- 1-4 Step right to right side, step left behind right, step right to right side, scuff left next to right
5-8 Step left to left side, step right behind left, step left to left side, scuff right next to left

STEP SCUFF, STEP SCUFF, ¼ TURN RIGHT & STROLL FORWARD WITH BRUSH

- 1-4 Step right to right side, scuff left next to right, step left to left side, scuff right next to left
5-8- Quarter turn right stepping forward on right, lock left behind right, step forward on right, brush left next to right

STROLL FORWARD ON LEFT, SLOW ½ PIVOT TURN

- 1-4 Step forward on left, lock right behind left, step forward on left, brush right next to left
5-8 Step forward on right, hold for one count. Turn ½ to left by swiveling on ball of right and stepping onto left, hold for one count

STROLL FORWARD ON RIGHT, SLOW ½ PIVOT TURN

- 1-4 Step forward on right, lock left behind right, step forward on right, brush left next to right
5-8 Step forward on left, hold for one count. Turn ½ to right by swiveling on ball of left and stepping onto right, step left next to right

REPEAT
