Give Me A Break

Count: 32

Ebene: Improver two step

Choreograf/in: Nancy Morgan (USA)

Musik: I Brake for Brunettes - Rhett Akins

STEP, ½ TURN, KICK-BACK-TOUCH, SWIVEL, SWIVEL ¼ TURN, KICK-BACK-TOUCH

- 1-2 Step forward on right, pivot ¹/₂ turn to your left (weight is on left)
- 3&4 Kick right foot forward-step back on right-touch left toe next to right instep
- 5-6 Swivel both feet to right then left 1/4 turn
- Kick right foot forward-step back on right-touch left toe next to right instep 7&8

SWIVEL, SWIVEL ¼ TURN, 2 KICK-BALL-CHANGES MOVING FORWARD, SIDE ROCK

- 1-2 Swivel both feet to right then left 1/4 turn
- 3&4 Kick right foot forward-step right next to left-step forward on left (weight is on left)
- 5&6 Kick right foot forward-step right next to left-step forward on left (weight is on left)
- Rock/step right foot out to right side and back to left (weight is on left) 7-8

2 SAILOR SHUFFLES, FORWARD ROCK, COASTER STEP

- 1&2 Step right behind left, step left to left side, step right foot to right side and slightly forward
- 3&4 Step left behind right, step right to right side, step left foot to left side and slightly forward
- 5-6 Rock/step forward on right and back on left
- 7&8 Step back on right, back on left, back on right

STEP, ½ TURN, STEP, ½ TURN, ROCK/STEP ¼ TURN, SAILOR SHUFFLE

- 1-2 Step forward on left, pivot ¹/₂ turn to your right (weight in on left)
- 3-4 Step forward on left, pivot ¹/₂ turn to your left (weight back on right)
- 5-6 Rock/step left foot to left side as you turn 1/4 turn to your left, step right foot to right side
- Step left behind right, step right to right side, step left foot to left side and slightly forward 7&8

REPEAT





Wand: 4