

Foossiewoossie

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Malena Hagman

Musik: Vul'i Ndela - Brenda Fassie



STEP TURN TWICE ROCKING CHAIR

- 1-2 Step right forward, turn $\frac{1}{2}$ left weight end on left
- 3-4 Step left back turn $\frac{1}{2}$ left weight ends on left
- 5-6 Rock right forward, recover to left
- 7-8 Rock right back, recover to left

CHASSE, CROSS ROCK, CHASSE, BOUNCE $\frac{1}{4}$ TURN LEFT

- 1&2 Chasse to right (right, left, right)
- 3-4 Cross rock left over right, recover to left
- 5&6 Chasse to left (left, right, left)
- 7-8 Bounce heels twice while turning $\frac{1}{4}$ to left

CROSS TAP, POINT CROSS, SWAY TWICE KICK, KICK

- 1-2 Tap left toe cross right foot, step forward on left
- 3-4 Point right to right, step right over left
- 5-6 Step left to left sway hips to left, sway hips to right (weight on right)
- 7-8 Kick left diagonally to right, kick left to left

COASTER CROSS, BOUNCE $\frac{1}{2}$, SWAY, WALK

- 1&2 Step back on left, step right next to left, cross left over right
- 3-4 Bounce heels twice turning $\frac{1}{2}$ to right, weight on left
- 5-6 Sway hips right, left
- 7-8 Walk forward right, left

Options: last 2 steps try full turn right, left

REPEAT
