Follow Me

Count: 32

Ebene: Improver

Choreograf/in: John Jordan (UK)

Musik: Follow Me - Uncle Kracker

WALK RIGHT LEFT AND HEEL AND STEP TWICE

1-2 Step forward right foot left foot

- &3&4 Step back on right foot, left heel forward on left diagonal, bring left foot back in place, step forward on right foot
- 5-6 Step forward left foot, right foot
- &7&8 Step back on left foot, right heel forward on right diagonal, bring right foot back in place, step forward on left foot

ROCK FORWARD BACK TRIPLE TURN ½ RIGHT TRIPLE TURN ½ RIGHT COASTER STEP

- 1-2 Rock forward onto right foot recover weight back onto left
- 3&4 Make ¹/₂ turn to right stepping right, left, right
- 5&6 Make ¹/₂ turn to right stepping left, right, left
- 7&8 Step back on right foot, together with left foot and forward onto right

WEAVE FRONT SIDE BEHIND ¼ TURN TO RIGHT STEP ½ TURN AND SHUFFLE

- 1-2-3-4 Step in front and across right foot with left. Step to side with right foot, step behind right foot with left, make ¼ turn right stepping onto right foot
- 5-6 Step forward onto left foot turn ½ turn to right transferring weight onto right foot
- 7&8 Shuffle forward left, right, left

WEAVE FRONT SIDE, BEHIND SIDE, CROSS AND SIDE AND CROSS AND TOUCH

- 1-2-3-4 Step in front and across left foot with right, step to side with left foot, step behind left foot with right, step to left side with left foot
- 5&6& Rock onto right foot across front of left, recover weight onto left foot, step to right side on right foot, recover weight onto left foot rock
- 7&8 Rock weight across front onto right foot, recover weight onto left foot, touch right foot next to left

REPEAT





Wand: 4