Fool No More



Count: 48 Wand: 4 Ebene: Intermediate

Choreograf/in: Gary Steele (UK) & Angela Palmer (UK)

Musik: Fool No More - S Club 8



1&2 3&4 5&6 7&8	Kick forward on the right, ball-step left forward Point right to right side, bring right together, point left to side Kick forward on the left, ball-step right forward Point left to left side, bring left together, point right to side
1-2 3&4 5-6 7&8	Rock right out to side, recover Behind-side cross Side left, bring right together Chasse to left making a ¼ turn to the left
1-2 3&4 5&6 &7	Step forward on right, ½ pivot over left shoulder Shuffle forward on the right Heel dig with left, bring left together, heel dig right Bring right together, heel dig left Clap hands
1&2 3&4 5-6 7&8	Sailor left Sailor right Left toe dig behind right, unwind ½ turn over left shoulder Crossing shuffle with the right
1-2 3-4 5-6 7-8	Body roll to the left, touch right next to left Body roll to the right, touch left next to right Step left diagonally forward, bring right together and touch Step right diagonally forward, bring left together and touch
1-2 3-4 5&6 7&8	Rock forward on the left, recover Two moonwalks back (left, right) Coaster left Two walks forward right left

REPEAT

RESTART

On the 6th wall (9:00) near the end of the dance you will do your left coaster and then you will walk forward right. On the '&' count bring left foot next to right so you can restart the dance again

ALTERNATIVES

Instead of a behind-side cross, you can do a full turn cha-cha. On the moonwalks back you can just walk back for 2. With the body rolls you can just step to the side and touch