

# Feel Like A Woman

Count: 32

Wand: 4

Ebene:

Choreograf/in: Richard Musgrave (UK)

Musik: Man! I Feel Like a Woman! - Shania Twain



## REINS

1-2 Pull arms back in two rein pulls

## RIGHT SHUFFLE, TOUCH LEFT, LEFT SHUFFLE, TOUCH RIGHT

3&4 Right shuffle forward  
5 Touch left toe to left (look to left)  
6 Touch left together  
7&8 Left shuffle forward  
9 Touch right toe to right (look to right)  
10 Touch right together

## KICK BALL CHANGE, STEP, ¼ TURN

11&12 Right kick ball change  
13 Step forward on right foot  
14 ¼ turn left

## SHUFFLE ¼, ROCK, SHUFFLE BACK ¼, ROCK

15&16 Right shuffle forward with ¼ turn left  
17 Rock forward on left  
18 Rock back on right  
19&20 Left shuffle back with ¼ turn right  
21 Rock back on right  
22 Rock forward on left

## HEEL, HEEL, HEEL, CROSS, UNWIND, HOLD

23&24 Right heel forward, step right home, left heel forward  
&25-26 Step left home, right heel forward, cross right in front of left  
27-28 Unwind ½ turn to left, hold

## HIP BUMPS

29-30 Double hip bump on right  
31-32 Double hip bump on left

## REPEAT

Dance should begin when Shania sings "C'mon"

## TAG

When Shania sings "Man I Feel Like A Woman" on the last four counts of fifth and ninth walls and counts 13-16 of thirteenth wall, do the following tag steps, then start over:

Women Jump forward and hold, running your hands either side of your body shape  
Men Jump forward and hold, make the outline of a woman in front of you