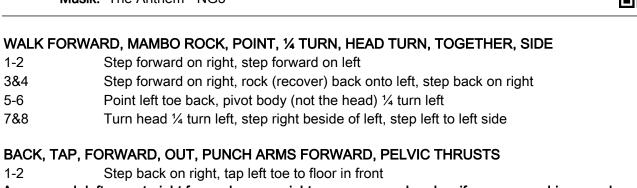


Count: 16

Ebene: Beginner



Musik: The Anthem - NG3



Arms: punch left arm straight forward, sweep right arm over your head as if you are combing your hear with your fingers

- 3-4 Step forward on left, step right slightly to right side
- 5-6 Reach forward with left arm, reach forward with right arm (as if you were grabbing the hips to the person in front of you)
- 7-8 Push hips forward & back twice

REPEAT

1-2

3&4

5-6

7&8

1-2





Wand: 4