Doug & Jackie's Cha Cha (L/P)



Count: 48 Wand: 2 Ebene: Improver line/partner dance

Choreograf/in: Doug Miranda (USA) & Jackie Snyder (USA)

Musik: It's Alright - Trisha Yearwood



LADY'S STEPS AND LINE DANCE STEPS

ROCK, RECOVER, SHUFFLE FORWARD; ROCK BACK, RECOVER SHUFFLE BACK

1-2 Rock back onto right, rock forward on left

3&4 Shuffle forward right, left, right

5-6 Rock forward on left, rock back on right

7&8 Shuffle back left, right, left

CROSS ROCK, RECOVER, CHA-CHA IN PLACE; CROSS ROCK, RECOVER, CHA-CHA IN PLACE

1-2 Cross rock right over left, rock back onto left

3&4 Triple right, left, right in place

5-6 Cross rock left over right, rock back onto right

7&8 Triple left, right, left in place

1/4 TURN RIGHT, ROCK BEHIND, RECOVER, SIDE SHUFFLES, 1/4 TURN LEFT, ROCK BEHIND, RECOVER, SIDE SHUFFLES

1-2	While bringing right behind left turn ¼ right, recover onto left turning ¼ left

3&4 Shuffle to right side right, left, right

5-6 While bringing left behind right turn ¼ left, recover weight onto right turning ¼ right

7&8 Shuffle to left side left, right, left

SWAY BACK, SWAY FORWARD, SWAY BACK AND FORWARD, TRIPLE FORWARD

1-2 Step back right and sway back

3-4 Sway forward onto left

5-6 Step back right and sway back, sway forward onto left

7&8 Triple forward right, left, right

SWAY FORWARD, SWAY BACK, SWAY FORWARD AND BACK, TRIPLE BACK

1-2 Step forward left and sway forward

3-4 Sway back onto right

5-6 Step forward left and sway forward, sway back onto right

7&8 Triple back left, right, left

ROCK, RECOVER, TRIPLE FORWARD, ½ TURN RIGHT; TRIPLE BACK

1-2 Rock back onto right, rock forward onto left

3&4 Triple forward right, left, right

5-6 Turn ½ on right foot as you step on left, step back onto right

7&8 Triple back left, right, left

REPEAT

MAN'S STEPS

ROCK, RECOVER, SHUFFLE BACK; ROCK, RECOVER SHUFFLE FORWARD

1-2 Rock forward onto left, rock back onto right

3&4 Shuffle back left, right, left

5-6 Rock back on right, rock forward on left

7&8 Shuffle forward right, left, right

A, RECOVER, CHA-CHA IN FLACE, CROSS ROOK, RECOVER, CHA-CHA IN FLACE	
Cross rock left over right, rock back onto right	
Triple left, right, left in place	
Cross rock right over left, rock back onto left	
Triple right, left, right in place	
1/4 TURN LEFT, ROCK BEHIND, RECOVER, SIDE SHUFFLES, 1/4 TURN RIGHT, ROCK BEHIND, RECOVER, SIDE SHUFFLES	
While bringing left behind right turn 1/4 left, recover onto right turning 1/4 right	
Shuffle to left side left, right, left	
While bringing right behind left turn ¼ right, recover weight onto left turning ¼ left	
Shuffle to right side right, left, right	
SWAY FORWARD, SWAY BACK, SWAY FORWARD AND BACK, WALK BACK ½ TURN LEFT	
Step forward left and sway forward	
Sway back onto right	
Step forward left and sway forward, sway back onto right	
Step left into $\frac{1}{4}$ turn left, step right forward into $\frac{1}{4}$ turn left (you have now completed a $\frac{1}{2}$ turn left)	
SWAY FORWARD, SWAY BACK, SWAY FORWARD AND BACK, WALK BACK ½ TURN LEFT	
Step forward left and sway forward	
Sway back onto right	
Step forward left and sway forward, sway back onto right	
Step left into ¼ turn left, step right forward into ¼ turn left (you have now completed ½ turn left)	
VER, ¼ TURN TRIPLE LEFT, ¼ TURN LEFT, TRIPLE FORWARD	
Rock forward onto left, rock back onto right	
Turn ¼ turn left as you triple left, right, left	
Step right into 1/4 turn left, step left next to right	
Triple forward right, left, right	

REPEAT