Don't Quit!



Count: 32 Wand: 4 Ebene: Intermediate

Choreograf/in: M.T. Groove (UK)

Musik: My Neck, My Back (Lick It) (Kardinal Beats Radio Edit) - Khia



Start when he sings "My Neck"

SIDE TOUCH SIDE, 1/4 CROSS, HOLD, HITCH STEP HOLD, KNEE POP

1-2-3	Sten left to left side	touch right next to left	step right to right side
1-2-0	Oleb lell to lell side.	LOUGH HUHL HEAL TO ICH.	Step Hulli to Hulli Side

4-5 Make a ¼ turn left as you cross left over right (dropping down slightly), hold

&6-7 Push off left foot as you hitch left knee up, step left to left side, (weight is now on both feet),

hold

&8 Raise both heels off floor as you pop your knees forward, lower heels back in place

WALK LEFT, RIGHT, KNEE HITCH 1/4 TWICE, JAZZ BOX

1-2 Walk left, right

3-4 With left knee hitched up make a ¼ turn right on ball of right, repeat (you've completed a ½

turn)

5-6 Cross left over right, step back on right7-8 Step back on left, touch right next to left

1/4 TURN 1/2 TURN, SIDE LUNGE & TOUCH, & CROSS SIDE, CROSS SIDE POINT

1-2 ¼ turn right as you step forward right, ½ turn right as you step back on left

3&4 Step/lunge to right side, recover left, touch right next to left
&5-6 Step on ball of right, cross left over right, step right to right side
7&8 Cross left over right, step right to right side, point left to left side

ROLLING VINE FULL TURN TOUCH, ROCK RECOVER 1/4 TURN, STEP TOUCH

1-4 Make a full turn to your left, stepping left, right, left touch right next to left

5-8 Rock right to right side, recover on left as you ¼ turn left, step forward on right, touch left next

to right

REPEAT

Enjoy & Groove It!!