Don't Stop Movin



Count: 32 Wand: 4 Ebene: Intermediate

Choreograf/in: Andreina Signori (UK)

Musik: Don't Stop Movin' - S Club 7



SYNCOPATED GRAPEVINE LEFT FINISHING WITH 1/2 TURN LEFT

Cross right in front of left, step left to side, cross right behind left

Step left to side, cross right in front of left, unwind making ½ turn left

SYNCOPATED GRAPEVINE LEFT FINISHING WITH 1/4 TURN LEFT

5&6 Cross right in front of left, step left to side, cross right behind

&7-8 Step left to side, cross right in front of left, unwind making ½ turn left

COASTER STEP RIGHT, 2X 1/4 TURN

9&10 Step back right, bring right together, step forward left

&11&12 Making ½ turn right on ball of right point left to the side (twice)

KICK LEFT, CROSS RIGHT IN FRONT, UNWIND FULL TURN

13&14 Kick left across right, step left to side, cross right in front of left

15-16 Unwind making full turn left

MAMBO STEPS, TRIPLE 3/4 TURN LEFT, SAILOR STEP LEFT

17&18 Rock forward right, back left, together right
19&20 Rock back left, rock forward left, together left
21&22 Make triple ¾ turn left stepping left, right, left

23&24 Sailor step left

HEEL JACKS, CROSS 3/4 TURN, COASTER STEP

25&26 Cross right in front of left, spring back on left, place right heel diagonally forward &27&28 Spring right in place, cross left in front, spring back on right, place left heel forward

&29 Spring left into place, cross right in front

30 Unwind making ¾ turn left

31&32 Coaster step left

REPEAT

TAG 1

After wall 4, wall 7, and wall 10

PIVOT 1/4 TURN LEFT TWICE, KNEE TWISTS

1-4 Step forward right, ¼ turn left (twice)

5-6 Twist left knee in, out
7&8 Twist left knee in, out, in
9-10 Twist left knee out, in
11&12 Twist left knee out, in, out

1/2 TURN LEFT STEPPING RIGHT TO SIDE, STEP LEFT, KNEE TWISTS, HIP ROLLS

On ball of left make half turn left stepping right to side, step left in place, twist left knee in &

out, circle hips to the left twice

TAG 2

After completing Tag 1 after walls 7 and 10 PIVOT ¼ TURN LEFT TWICE, KNEE TWISTS

1-4 Step forward right, ¼ turn left (twice)

5-6 Twist left knee in, out 7&8 Twist left knee in, out, in

1/2 TURN LEFT STEPPING RIGHT TO SIDE, STEP LEFT, KNEE TWISTS, HIP ROLLS

9-16 On ball of left make ½ turn left stepping right to side, step left in place, twist left knee in & out,

circle hips to the left twice