# Dirty Pop



Count: 0 Wand: 4 Ebene: Advanced

Choreograf/in: Jamie Weeks (USA)

Musik: Pop - \*NSYNC



Sequence: AAA, B, AAA, C

### PART A

# HEEL TOUCHES, STEP OUT, OUT, SHRUG RIGHT SHOULDER, ROLL HIPS & KNEES, TURN 1/4, BEND KNEE

1&	Touch right heel forward, step right foot beside left
2&	Touch left heel forward, step left foot beside right
3&	Touch right heel forward, step right foot beside left
4&	Touch left heel forward, step left out to left side

5 Step right foot out to right side (feet should be shoulder width apart)

6 Shrug right shoulder up and to the right

7&8 Roll hips and knees left, turn ¼ left leaving right foot in place, bend left knee out (left knee is

bent out to 9:00)

### STEP, PIVOT ½, TURN ¾ LEFT, CROSS, STEP RIGHT, TURN ¼, BEND KNEE

1-2	Step forward on left foot, step forward on right foot, turn ½ to left(weight remains on right foot)
3-4	Turn $^{3}\!\!4$ to left with weight on right foot, swinging left leg around then crossing in front of right(ending up in 5th position)
5&	Step right foot out to right side, cross left in front
6&	Step right foot out to right side, cross left in front
7&	Step right foot out to right side, cross left in front
8&	Step right foot out to right side, turn $\frac{1}{4}$ left, leaving right foot in place, bend left knee out (left knee is bent out to 3:00)

#### ROLLING FULL TURN, SHUFFLE STEP, HIP-HOP RUNNING MAN, STEP, TURN 1/4, BEND KNEE

1-2 (Rolling full turn): step forward on left foot, step forward on right foot

3&4 Shuffle forward left-right-left

5&6& Hitch right knee, step on right foot, slide left foot back, hitch left knee, step on left foot, slide

right foot back, step right foot out to right side

Hands: when left foot is sliding back, make a fist with both hands, bend at the elbow, and take them up and over to the right, and when right foot is sliding back, make a fist, bend at the elbow, and take them up and over to the left

7 Turn head to the right (hands: take hands and make a frame around face, placing the right

hand beside right side of face, and placing the left hand beside the left side of face)

8 Turn head to the left, turn ¼, leaving right foot in place, bend left knee out (left knee will be

bent out to 12:00, hands will be the same as above)

#### ROLLING FULL TURN, SHUFFLE STEP, HIP BUMPS, DIP HIPS DOWN-UP, TURN 1/4

1-2 (Rolling full turn): step forward on left, step forward on right

3&4 Shuffle forward left-right-left

5&6 Bump hips right-left-right (hand: move right hand right-left-right, your right hand will be down

by your waist)

7 Dip hips down, then up to left

8& Dip hips down, then up to left, turn 1/4 left, with right foot still in place, bend left knee out (left

knee is bent out to 9:00), step forward on left foot

# PART B

Bring left hand up under chin, with the palm facing up, and tilt head back

# WALK, WALK, PIVOT 1/2, KICK, KICK, ROLL HIPS

1-2	Step forward	on right foot,	step forward	on left foot
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3-4 Step forward on right foot, pivot ½ to left

5& Kick right foot forward, step right foot beside left6& Kick left foot forward, step left foot beside right

7-8 Roll hips left

### KICK BALL-CHANGE, PIVOT ½, KICK, TOUCH, BODY ROLL

1&2	Kick right foot fo	orward. rock bac	k on riaht foot	, step on left foot

3-4 Step forward on right foot, pivot ½ to left

5&6 Kick right foot forward, step right foot beside left, touch left foot back

7-8 Body roll back, with weight coming off right foot and on to left

#### **PART C**

# 3/4 TURN LEFT, STEP, DRAG, HOLD, HOLD, WIGGLE

1-2 Cross right foot over left, turn ¼ to left (you will end up facing 9:00)

3-4 Step back on left foot, drag right foot back beside left

5-6 Hold

7-8 Wiggle body

# Option for the end of the dance

After count 17-18 (rolling full turn) instead of shuffling forward, weight will be on left foot after turn just keep the weight on the left foot and turn a ¼ left, (you will be facing 12:00) while turning a ¼ left take your right hand with palm facing up, bring it up under your chin, tilt head back and hold until the song ends.