Desperate Measures



Count: 48 Wand: 2 Ebene: Advanced

Choreograf/in: Mark A. Smith (AUS) & Trevor Smith (AUS)

Musik: I Knew I'd Need My Heart Someday - James Bonamy



1st Place "Advanced Division" choreography South Australian Freestyle Championships 1997

ANKLE ROLLS, HEEL JACKS

1-4 Step left foot across in front of right and roll weight onto left toes, roll weight onto right toes,

roll weight onto left toes, roll weight onto right toes

&5 Jump back at 45 degrees left onto left foot and tap right heel at 45 degrees right

&6 Return right foot home and step left foot in beside

&7 Jump back at 45 degrees right onto right foot and tap left heel at 45 degrees left

&8 Return left foot home and step right foot in beside

SYNCOPATED VINE LEFT, 45, 1 1/4 TURNING VINE RIGHT, STEP

&9	Step left onto left foot, step right foot across in front
&10	Step left onto left foot, step right foot across behind
&11	Step left onto left foot, step right foot across in front
&12	Step left onto left foot, tap right heel at 45 degrees right
13	Turn a ¼ turn right as you step right onto right foot
14	Turn a ½ turn right as you step back onto left foot
15	Turn a ½ turn right as you step forward onto right foot

16 Step forward onto left foot

BOX RUMBA STEP

17-18	Step right onto right foot, step left foot in beside right
19-20	Backward step onto right foot, hold
21-22	Step left onto left foot, step right foot in beside left
23-24	Step forward onto left foot, hold

SYNCOPATED SIDE SCOOTS

25&26	Scoot right on left foot touching right toe to side, scoot right on left foot and step down on
	right
27&28	Scoot left on right foot touching left toe to side, scoot left on right foot and step down on left
&29	Scoot right on left foot hitching right knee and step down on right foot

&30 Scoot left on right foot hitching left knee and step down on left foot

31&32 Repeat steps 29-30

ROCK FORWARD/BACKWARD, 1 ½ RIGHT TURN SHUFFLE, STOMP FORWARD HOLD, JUMP APART, TOGETHER

33-34	Rock forward onto right foot, rock backward onto left foot
25926	Turn 4 1/ turn right on you shuffle be alread loading right (right left right)

35&36 Turn 1 ½ turn right as you shuffle backward leading right (right-left-right)

37-38 Stomp forward onto left foot, hold

Jump both feet apart approximately shoulder width
Jump together sliding feet along floor to center

STEP, SIDE SYNCOPATED STEPS, STEP, PIVOT WITH KICK

41	Step forward onto left to	ot
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&42 Ball change right foot right and left in place

43 Step right foot across in front of left

&44 Ball change left foot left and right in place

45 Step left foot across in front of right

&46 Ball change right foot right and left in place

47 Step forward on right foot

48 Pivot a ¼ turn left as you kick left foot forward at 45-degrees left

REPEAT

As this dance was choreographed to fit the phrasing of the music listed at the top of this dance cue sheet, you will need to insert at designated times an additional Four movements as listed below. They are inserted at the end of the 2nd and 4th Dance Sequences. After completing Step 48 you will have kicked your LEFT leg out. Commence these steps from that position

Touch left toe in beside right foot
Raise left knee and slap with left hand
Touch left toe in beside right foot

4 Kick left foot forward at 45-degree angle left with clap